Weight Management Report Instructions

1. Go to SoundHealthPortal.com
2. Record your voice by using the instructions available.

Remember – using the appropriate microphone will ensure that your vocal information is accurate

Go to SoundHealthOptions.com for a list of microphones.

3. Once you have saved your voice recording, go to BioBundles:

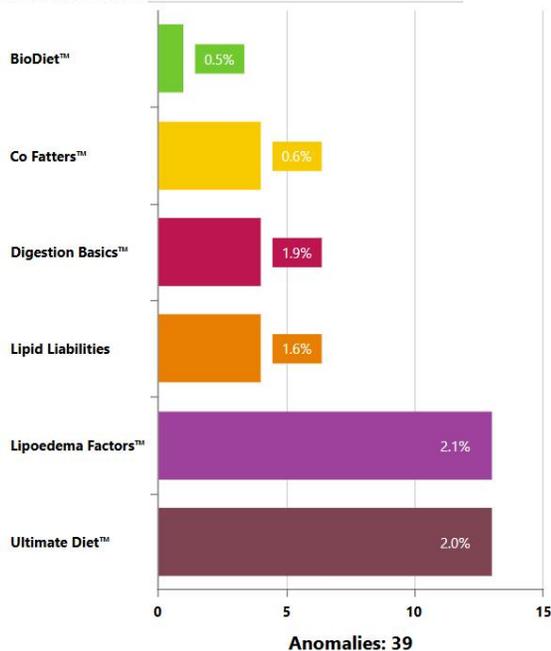| SESSION:	TEMPLATE(S):
marina	Ultimate Diet™

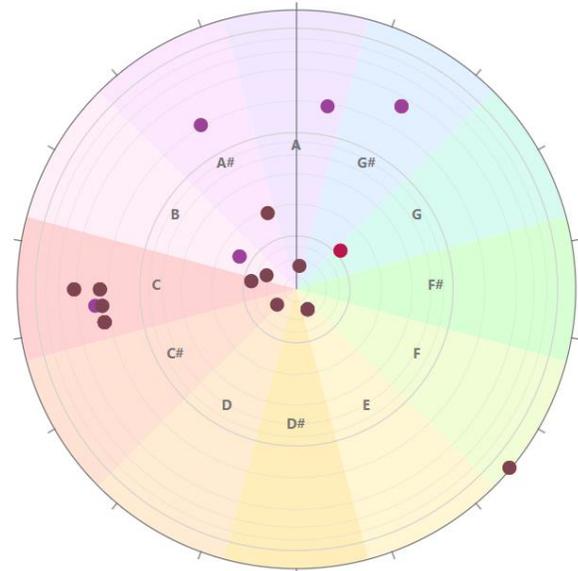GNS   Freq Hits   Wave   **BioBundles**   Memo

BioAcoustic Bundle: Select a Bundle... ▼

type in WEIGHT MANAGEMENT

choose WEIGHT MANAGEMENT as an option
This Screen will appear

BioAcoustic Bundle: Weight Management ▼

BioDiet™ — 0.5%
Co Fatters™ — 0.6%
Digestion Basics™ — 1.9%
Lipid Liabilities — 1.6%
Lipoedema Factors™ — 2.1%
Ultimate Diet™ — 2.0%

Anomalies: 39

Summary

Looking at the left side, which bar has the highest percentage? in this case, Lipoedema has 2.1%, while Ultimate Diet has 2%.

Lipoedema Factors indicates how the body uses body regulates incoming and stored fat, while **Ultimate Diet** deals with the biochemistry of metabolism.
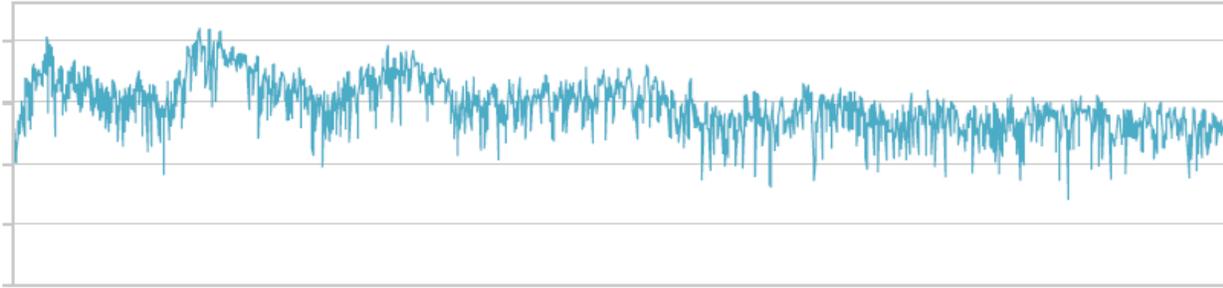
[indications over 2% are significant]

The wheel on the right represents corresponding issues. You can click on any dot and it will name the identifying issue.

Items in the center are low – not enough of that item, those on the outer ring are too high – too much of an issue.

From here you may want to view a complete report for each topic. A preliminary Management Report of *Ultimate Diet* such as the printout below may show the frequency Equivalents listing.

Vocal Print

Research Results

				Rank
Alglucerase	Medication	LL	Recombinant glucocerebrosidases - associated with glucose metabolism	1
Cinnamon	Herb	LL	Fat burning spice	1
Glucagon A	Hormone	LL	Helps balance glucose and insulin levels	1
Glucocerebrosidase	Enzyme	LL	aka Imiglucerase (medication)	1

The numbers on the right indicate the priority of the issue, #1 being the most important frequency. "L" indicates an item that is low; LL = Lowest low. Conversely H indicates an item as high; HH = a Highest High – too much of the item.

Share these reports with a trusted wellness provider.