

GOUT RELIEF

Via Sound Frequencies

Sharry Edwards, MEd

Keynote Nov 2024

Astrology association: Scorpio

Musical association: the note of G

Color Association: Teal

Dr. Murphy was participating in a BioAcoustic Vocal Profiling Training for medical professionals in which the class was evaluating the potential of pain relief using low-frequency sound. Being both skeptical and curious, Dr. Murphy inquired if there was a sound that would eliminate gout pain. His big toe often swelled, turned red and was very painful if he ingested certain foods or drink. Imbibing Whisky caused the most pain for him.

The class decided to set up an experiment as a group intervention. Sure enough, the sound frequency combination that had been identified the year before, not only relieved the pain almost instantly but began to obviously decrease the redness and swelling.

The event was recorded, and we are making the 2002 class video available to the public to show that Dr. Murphy was incredibly pleased that the sounds successfully relieved his discomfort. Link: A Perspective on G-OUT <https://tinyurl.com/62mdvjr6>

Background from AI about Gout

“Gout, a form of inflammatory arthritis characterized by sudden and severe pain, swelling, and redness in the joints, has long been a source of discomfort and debilitation for those affected. Approximately 9.2 million people in the US experience gout pain flare-ups.

Traditionally managed through dietary modifications, medication, and lifestyle changes,

recent advancements in health technology are exploring new ways to detect and manage gout that does not include debilitating gastrointestinal side effects. Online sources report that one such advancement is the emerging field of vocal biomarkers, a promising area that leverages voice analysis to diagnose and monitor health conditions. This innovative approach could provide new insights into gout and offer alternative pathways of pain relief.”

Understanding Gout: Causes and Symptoms

Gout is caused by an excess of uric acid in the blood, leading to the formation of sharp, needlelike crystals in the joints. This often results in intense pain, typically affecting the big toe but also other joints such as the lower back, ankles, knees, wrists, and fingers. The condition is often associated with a diet high in purines (found in red meat, shellfish, alcohol, and sugary drinks), hypertension, obesity, genetic mutations, kidney disease, other medical conditions, and certain medications. Recent studies have associated uric acid with diabetic joint pain. Gout frequencies can usually relieve such pain.

The symptoms of gout can be unpredictable, with flare-ups occurring suddenly, often without warning.

The pain can be excruciating, accompanied by swelling, warmth, and redness in the affected joints. Over time, recurring gout attacks can lead

to chronic joint damage and other health complications.

Vocal Biomarkers: A New Frontier in Health Diagnostics – from online AI information.

“Vocal biomarkers have presented an innovative approach to health diagnostics, where the analysis of voice patterns can reveal underlying health conditions. Pioneered by researchers like Sharry Edwards, this field is based on the premise that the human voice reflects the body’s internal state. By analyzing the frequencies and patterns within a person’s voice, it is possible to detect imbalances and identify potential health issues.

In the context of gout, vocal biomarkers could provide a non-invasive method to monitor the condition. For example, changes in vocal frequencies might indicate an impending flare-up or provide insights into the body’s inflammatory state. This could allow for early intervention, helping to prevent or mitigate the severity of gout attacks.”

The Institute for BioAcoustic Biology & Sound Health has reported that their record for the relief of gout pain using specific low frequency sound presentation is often less than a minute.

The Connection Between Vocal Biomarkers and Gout

“The relationship between vocal biomarkers and gout lies in the body’s biochemical processes.

Gout is linked to metabolic disturbances, particularly the overproduction or underexcretion of uric acid. These metabolic processes are reflected in the body’s frequency patterns, which can be detected in the voice.

By analyzing these patterns, vocal biomarker technology could potentially identify signs of

Gout Facts and Statistics: What You Need to Know

link: <https://www.verywellhealth.com/gout-6273971>

metabolic imbalance before they manifest as a gout attack. For instance, specific frequency disruptions in the voice might correlate with elevated uric acid levels or inflammation. This information could be used to adjust treatment plans, dietary recommendations, or lifestyle changes to prevent flare-ups.”

Moreover, vocal biomarkers could also be used to monitor the effectiveness of gout treatments.

By tracking changes in voice patterns over time, healthcare providers might gain insights into how well a patient is responding to medication or other interventions. This could lead to more personalized and effective treatment strategies, reducing the frequency and severity of gout attacks.

CONCLUSION: The Future of Gout Management

Gout remains a challenging condition to manage, with flare-ups causing significant pain and discomfort. However, the advent of vocal biomarkers and the exploration of sound therapy offer new avenues for diagnosis and treatment. By leveraging the power of sound and voice, these innovative approaches could revolutionize the way we understand and manage gout, providing patients with more personalized, effective, and holistic care.

As the science behind vocal biomarkers and sound therapy advances, we may one day see these techniques integrated into mainstream healthcare, offering a new standard of care for gout and other metabolic disorders. Until then, the intersection of vocal biomarkers, sound therapy, and traditional gout treatments represents a promising area of exploration for those seeking alternative and complementary approaches to healing.

REFERENCE

SOUND HEALTH KEYNOTES FOR NOVEMBER 2024

BioAcoustic Frequencies active for the month of Nov 2024 – these frequencies are cyclical each year depending on what frequencies are bombarding the earth. Kepler and Pythagoras both tried to explain the phenomenon of Orbital Resonances. Kepler reported that the frequencies of the movements of the planets are heard by our soul and establish our health equilibrium and personality traits.

OCT – NOV 4

The joints and muscles seem to be under attack for the next few days, especially the back and hips. Deep hip muscles that support walking mobility and the upper back muscles are particularly vulnerable; the Gluteus Medius and Trapezius respectively are involved.

Also in stress for the next few days: Chondroitin sulfate which supports flexibility in the muscles and Hyaluronic acid which supports joint health and elasticity. Perhaps our flexibility is being challenged as we prepare to Vote on Tuesday.

Calcium is an important nutrient in support of Vitamin D which begins to wane for those in the northern hemisphere as our blood begins to prepare for winter. Fibrinogen is an important factor for blood circulation and blood flow. Maybe some extra caution is needed as the days/nights get colder.

CAUTION: The internet is full of advice on losing weight. One of those suggestions is to sleep in a cold room to increase fat burning. This may not be a good idea for people who have blood viscosity issues.

Elastase fits well into this mix of frequencies for the next week. Although Elastase is not a much talked about enzyme, its purpose is to break down proteins particularly elastin which together with collagen supports connective tissues. Elastase also helps break down the proteins of incoming invaders that are so prevalent in the colder months.

Immunoglobulin E (IgE) is now in play. It supports immunity against parasites, one of which happens to be Staphylococcus for the next few days.

Asthma, sinus, and food sensitivities may be more prevalent in the coming week while IgE is active.

Calcium Ascorbate (orange juice) has the dual responsibility of supporting the immune system while being a vital support for collagen and connective tissue.

Nov 5-11

Genetic frequencies for Psoriasis (dry, red skin condition) are upon us and have been with us for many days now. If people wonder, why they are having flare-ups, it may be the frequencies coming to earth from our solar system. You could consider food sensitivities but this time it is likely not your fault.

B12 co factors are associated with the skin and are also on the rise in the next few days so you might want to ingest a few more B12 foods. Fish, meat poultry, eggs, milk, milk products, cheese and some breakfast cereals are fortified artificially with B12. Yeast has been reported as a good vegetarian source of B12. You don't need much B12 but it is essential for energy, blood formation and cell division.

The virus for the Common Cold is sneaking up on us and in keeping with Mother Nature's wisdom, ascorbic acid (part of Vitamin C known to strengthen the immune system) is active as well.

For those suffering from muscle stiffness and strength issues, Dopa, the precursor for Dopamine will come in play on Monday next. Dopa is part of a cascade that produces the neurotransmitters Dopamine, Serotonin and norepinephrine; all of

which are involved with appetite and weight control.

Muscles coming into stress include the Levator Scapulae (shoulder arm), the hamstrings (back of the thigh), the Quadratus Lumborum (lower back) and the Tensor Fasciae Latae (hip).

We have created a template for Hives. It is available for use on our online WorkStation - www.SoundHealthPortal.com

EBV (Epstein Barr virus), Cholesterol, myostatin, niacin, caffeine and magnesium stress combine to cause feelings of fatigue for the next few weeks.

Joint pain – especially pain for the knees kick in this week – inflammation of and lack of joint fluid is the culprit. Too much fibrin can also contribute to joint pain. If you test your voice, you will find that the notes of F-G are too high. You can ask for a free nutrition evaluation at SoundHealthPortal.com.

Thyroid stress continues for the next two weeks. Iodine, selenium, and zinc are all thyroid supporting nutrients. The internet lists food that are problematic to thyroid function.

Selenomethionine may be supportive – it can be found at your local health food store.

Niacin (vitamin B3) is especially important to brain function this week.

Expect shoulder girdle muscle to start to flare.

Genes for colon cancer and diabetes come into play for the next few weeks.

Nov 12-18

Knee muscles continue to flare and begin to involve thigh muscles. Muscle evaluations are available from SoundHealthPortal.com – under CAMPAIGNS.

Nutrients in stress: SAME, vitamin D4, 25-hydroxycholecalciferol, calcifediol and Vitamin E.

Nanobacteria come into stress this week and can cause tooth plaque and heart sac inflammation.

Heart Muscle is stressed this week.

Thyroid stress continues, especially for those using thyroid medications.

Stress involving proteins are active now and may cause gout symptoms (sharp joint pain). Shoulder muscles continue to aggravate, involving Rhomboid, trapezius and chest wall that helps support shoulder movement.

Diabetes frequencies continue to soar; those with fatty livers will be especially vulnerable using a high-carb diet.

Muscle atrophy, both genetic and those caused by statins and aging, continue to plague, especially the elderly. You may find your muscles seem weak for the next few weeks.

Candida may be more active toward the end of the week. Sugar overload may cause an inflammatory flareup.

Nov 19 -25

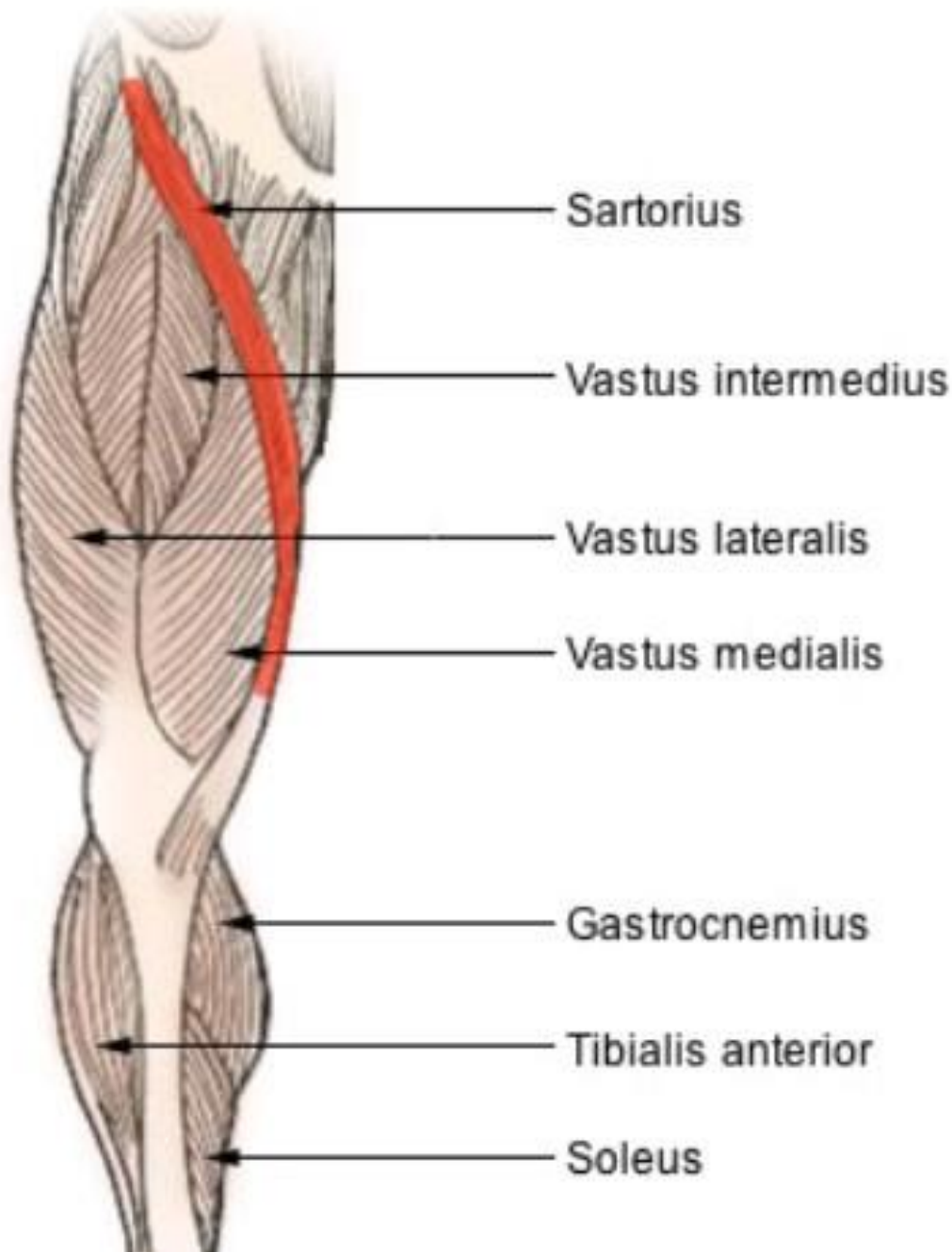
The stress of iron is obvious for this week. Spine issues associated with Lumbar 5 (lower limb circulation, Prostate, sciatic nerve and Thoracic 4, gall bladder, liver) may become active. Shoulder and hip joints continue to need detoxification to relieve Glymph system fluid (waste clearance). Nitric Oxide – found in beets - may be of assistance.

The pancreas starts a fortnight of stress this week.

Staphylococcus aureus found as a cause of upper respiratory and skin issues comes into play on Wednesday.

Nutrient in stress – L-Carnitine, which supports energy metabolism of the mitochondria. Carnitine concentrates in cardiac and skeletal muscles. The Sartorius Muscle begins to activate near the weekend. The Sartorius is a strap-like muscle from the upper outer thigh to the inside of the knee that supports the hips and knees.

Sartorius muscle



Nov 26 – Dec 2

The Liver starts to stress via the gallbladder and bile salts – particularly cholic acid, which is synthesized from cholesterol – Co-Enzyme A is involved – may be Statin related.

Myopathy genes continue to activate. HMB (Hydroxy β -methyl butyric acid) may be useful.

It is used to prevent muscle wasting and is available as a dietary supplement.

Thigh muscles and upper jaw will need extra care and stretching. You may want to consider a massage or facial.

Glutamate and glycine receptors are stressed this week. Aspartame MSG toxicity may be more noticeable.

BIOACOUSTIC SOLUTIONS

Breaking the Sound Barriers of Disease!

Can Your Voice Reveal the State of Your Health?

Evaluating your own voice takes on new meaning if you begin to consider the possibility that the sounds of your voice may be a holographic representation of all that you are. Imagine a future in which our individual vocal frequency is our identification; where the use of frequency based biomarkers contained within our voice can be used to keep us healthy and emotionally balanced.

From birth to death, we use sounds to express our needs and emotions but there are additional layers of information hidden within our words. As man evolved, language became levels of intricate harmony nestled within structures of great elegance that carried meaning and allowed understanding of ourselves and others.

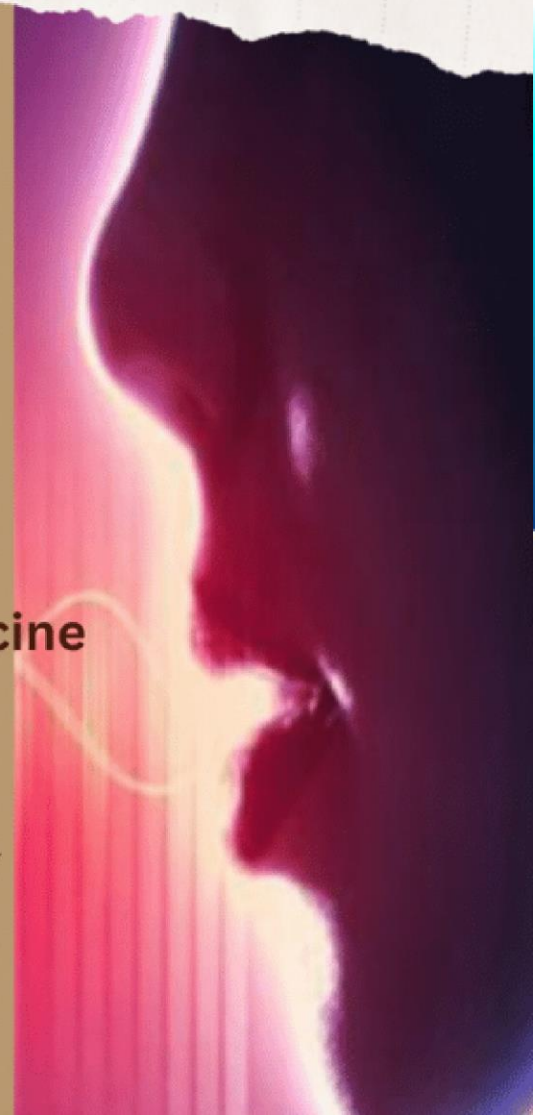
Every Body has a Sound

BioAcoustic Biology has verified that the frequencies of your voice are a numeric holographic representation of those brain waves. Correlations of these frequencies to human health and wellness have been decoded by the Institute of BioAcoustic Biology & Sound Health since in early 80's

Create a **BIOACOUSTIC CENTER** for
YOUR COMMUNITY

Exploring the Potential of Math as Medicine

In order to provide predictability and safety, the concepts of math and medicine often act conjointly to quantify, define and model medical practice. Studies conducted by the non-profit Institute of BioAcoustic Biology & Sound Health, located in Albany, Ohio, USA, have consistently demonstrated that math can be much more than a measurement tool. The case studies they have amassed, using Math, as frequency-based BioMarkers, indicate that the solution to therapeutic predictability and resolution may be possible.



Breaking the Sound Barriers of Disease Series

Connecting the dots for mechanical sentients

BioAcoustic Solutions for the Professional



- ✓ Self Paced
- ✓ Software included
- ✓ Math as Medicine info
- ✓ Humans as carbon-based mechanisms
- ✓ Determines root cause BioAcoustically
- ✓ Maintains client history and comparisons
- ✓ Sound Health Portal Subscription Required
- ✓ Access to up-to-date/cross referenced BioMarkers
- ✓ Create-Client based evaluations with cross-references using a few clicks of a button

Based on work by Sharry Edwards, MEd., the recognized pioneer of BioAcoustic Vocal Profiling.

BioAcoustic Solutions for the Professional- Fact Sheet

Designed for Professionals

Mechanical Sentient Connections

Class Structure:

ONLINE

Cost: \$6400

Session 1-3; group, self-paced, 2-hour classes.

Session 4-5; private, 2 hours each

Course Outline:

Session 1- Preparing your computer, Portal overview

Session 2- BioMarkers, Client Reports

Session 3- Templates, Bundles

Session 4- Reports, Formulas, ToneBox

Session 5- Client Follow-up



WHAT YOU GET:

S2S ToneBox

Microphone

ToneBox

Access to Health Portal

NanoVoice Software & Text

Access Support Group

Starter Wheel

Manuals

Video List/Access

BioAcoustic Basics Text

Wellness Provider Text

Pulling Points PP

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