

Sound Health KeyNotes for JULY 2021

BioAcoustically Speaking, Almost Everything is Something Else

By Sharry Edwards, M.Ed.

During the last two decades, our work at Sound Health has proven that the human body and mind can be influenced by frequencies of sound.

It is my opinion that the "Ancients" were accurate. There are energies beyond our own environment that influence our lives. These very wise precursors to "scientific man" attempted to create a system whereby those extrinsic forces could be explained; they called the system Astrology.

Today's scientists claim that our moon and sun influence our planet via the tides and magnetic stress upon the earth; and some even go so far as to agree that the moon affects our emotions and behavior. Since astronomers have concluded that frequencies are bombarding the earth every minute of every day in a cyclical pattern, I want to suggest that there are Key Notes associated with every day of the year. These Key Notes seem to ooze in and out of direct influence every three days or so, our new column, BioAcoustically Speaking, will post information about these Key Notes weekly. We predict that this information will provide you ideas for SELF-HEALTH.

Never in our existence do we need this blend of ancient and contemporary information as we are being challenged by this current man-made plague – Yes we have strong evidence that this present pandemic was mathematically contrived and I will present it here because the math indicates that the Spike proteins will become very active the last week of this month.

In December 2019, we announced that the then-Corona, now-Covid-based frequencies were not consistent with nature-made viruses but were mathematically constructed to be antidotes to each other. Meaning that BioAcoustic frequency-based antidotes of the past would not work against this attack on mankind. We moved beyond our normal methods and created anti-covid formulations that worked to reverse the symptoms of covid-positive victims. We released the formulations to the public.

Since then and up until recently, controversy has existed about the origins of Covid-19. At the point, scientists and the media are considering the man-made origins of Covid. We now have further evidence that a manufactured scenario is valid.

Since we have decoded the reported Covid Spike Proteins, we can show many of the Spike proteins belong to ONE musical scale that includes CALCIUM. In my opinion and the opinion of musicians and composers, the odds are astronomical that a set of random numbers could appear in one musical scale down to the hundredths.

JUNE 27TH - JULY 3RD

Blood issues and circulation dominate this week. Back strain along with adrenal tension are obvious over the 4th.

Nutrients in stress: niacin — de-clumps "sticky" blood and supports circulation and DNA genetics. Iron continues to be an issue. Vitamin C continues to flare as allergy season fires up.

You may act more emotional as dopamine, the feel good biochemical comes into play. Depending on your brain dominance, your relationships may be more or less satisfying/interesting. Nerve damage may be more noticeable.

Medication in stress: Warfarin — a blood thinner

Upper back muscles will feel stressed.

Pathogen active at this time: Streptococcus pyogenes is a ubiquitous bacterium responsible for hundreds of millions of illnesses, from tooth decay to meningitis, throughout the world each year, some of which are fatal.

JULY 4TH-10TH

Insulin resistance is high this week likely because of a fatty liver. It will be harder to lose weight as insulin resistance helps to maintain fat storage and carbohydrate metabolism is hampered because of the stress of enzymes lipase and diastase. Allergies begin to plague now, particularly nose and bronchial issues. Remember the support of Vitamin C may help. Marijuana may have more of an effect this week. Menstrual cramps may be relieved easily with progesterone oil or cream as this hormone is very active this week.

Strep still lurks this week. Platelets are vulnerable — B3 — niacin may help break up sticky blood.

JULY 11TH-17TH

Medication this week deals with high blood pressure. I've tried Nitric Oxide tablets (from Amazon N040) — they seem to work for me for blood pressure issues.

Marijuana is still active along with inflammation markers and fatty liver indicators. Calcium and cancer markers begin a rise to activation this week (calcium, calcitonin, the Burnzyky frequencies and 5 HETE.)

Nerve sheathing activates this week — You might want to check out Benfotiamine (said to be great for restless legs

Adiponectin rears its ugly head - from Wikipedia — Adiponectin is a [protein hormone](#) and [adipokine](#), which is involved in regulating [glucose](#) levels as well as [fatty acid](#) breakdown. Carnitine helps break down fatty acids but is also in stress this week. The literature indicates that carnitine combined with alpha lipoic acid may help regulate blood glucose.

JULY 18TH – 24TH

The key note for this week belongs in the scale of the note of E which deals with wet tissues of the body; particularly the nose, mouth throat and lungs. More mucous may be experienced along with stronger reaction to mucous producing foods. Deep breathing may be difficult. Many forms of rhino virus are still lurking.

Muscles: ribs and diaphragm may be more vulnerable.

JULY 25TH-31ST

The 26th is ruled by the amino acid carnitine. People who cannot gain weight have been found to be high in carnitine. Carnitine can be found primarily in meats. Vitamins B1, B6, C, iron, methionine and lysine must be available to the body in support of synthesizing carnitine.

The end of this week is ruled by the lower back; encompassing the "thrust" muscles for men. These are the muscles that have been problematic for Tiger Woods causing stress in his golf swing.

The pathogen active for the next few days is helicobacter pylori; and is responsible for stomach lining irritation.

We have often said that BioAcoustically Speaking almost everything is something else. By that we mean that one frequency can represent many things.

This week's Keynote is a great example of this. The frequency of Marijuana, a medicinal herb, is the same frequency as a natural hormone, Progesterone, which varies significantly with the human reproduction cycle. This may be why some false positives show up during drug testing. Progesterone is found in both males and females. Low Progesterone has the same symptoms as coming down from a marijuana high; you get the munchies.

Progesterone is necessary for the production of sex hormones, to maintain pregnancy, as a support for brain function and a regulator of libido.

The tenets of BioAcoustic Biology have stated for nearly two decades that frequency relationships can explain the connections between many diseases. For example BioAcoustics can now show the root cause between heart disease and diabetes; thyroid and diabetes; high blood

pressure and diabetes; blood sugar and brain function; Tylenol and autism. Conventional science knew these relationships existed but could not explain why they existed.

The concepts of Math as Medicine may help scientists take a leap forward in how disease can be predicted and treated.

Muscles in stress at this time: mostly neck muscles. It is likely not your pillow, it's just that time of year.

A protein that helps the body use leptin (that dreaded fat storage hormone) is high for the next few days. Might be a good time to start that diet you have been putting off. SOC 3 also helps mediate inflammation.

LAST DAY OF JULY — spike proteins are predicted to become more active.

Sensitive persons may experience reactions a few days before the date of actual activation.

With frequencies and antidotes — nothing can be thrown at us that we can't counter.

Please consider attending our online class to learn how to protect yourself and your loved ones.

