

# Sound Health KeyNotes for June 2022

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Almost Everything is Something Else



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Is Frequency our “New Medicine” or an Ancient  
Mystery Revealed?

## WHAT DID WE FORGET TO REMEMBER?

What caused us to begin to ignore self-healings such as prayer, food, meditation, song, dance, potions, music, laying on of hands, incantations, sand paintings, mud baths, blessed water...and turn to strangers who think they have a right to dishonestly report experimental results to convince us to trust them even though their first and foremost goal is financial gain; profit?

When did the goal of better health become the fodder of greed where the goal was to “harvest” our pockets, leaving wellbeing adrift? Many people have begun to believe that the ultimate objective of our modern-day health care system is our entry into an artificial health care scheme that keeps us tethered until we have run out of money or the will to live. Where does the goal of optimal health and wellness fit into the modern business

system? How can we move HEALTH to the top of the priority list of our present-day disease management?

It usually takes a well-funded scientific breakthrough or an overwhelming catastrophe to facilitate overall change that actually makes a difference. People are slow to embrace new scientific information because anything fundamentally different from the status quo intimidates them. Although a major disaster forces transformation, people don't always adjust willingly.

For a great many people, they won't even admit the problem if they have no hope for something different than what is. Along with hope there must be tools and solutions, choices and options for change.

The most profound and permanent way to cause a shift in perception is through affirmative life experience. In an attempt to help shift perceptions concerning health care, I became involved in the creation of a small, highly innovative educational research facility, the Institute of BioAcoustic Biology and Sound Health. Through the years their studies have supported the assertion that ancient architectures and languages contain math codes that support frequency-based cellular regeneration. Through the journey of revisiting lost knowledge using computer technology, a novel paradigm has emerged which uses frequency as a basis for future "medicine" in support of natural homeostasis.

Our bodies are animated through a complex network of nerve frequencies that serve as a communication math matrix from our brain and spinal cord to every nook and cranny of our bodies. The neural system generates frequencies that move along these pathways. Any self-healing of the body must interact with these "bio-

frequencies." Every aspect of this communication network reaches the brain as a measurable frequency; from sound, to thought, to aroma, to light, to touch.... Bottom line, the brain uses frequency to maintain and have dominion over our structure and function.

If we accept that the brain performs in such a fashion, we must advance the notion that the language of the brain is math. So, what do all modern and ancient healing modalities have in common; frequencies defined by math; which can be measured, defined, quantified and manipulated to provide understanding and consensus. If we want to combine all healing methods of evaluation and restoration, we could use the common denominator of frequency. Known as Human BioAcoustics and/or BioAcoustic Biology through Vocal Profiling, the work undertaken by the Sound Health staff is being recognized by conventional medical providers and "remembered" by those who work with ancient healing arts. The Duke Encyclopedia of New Medicine has acknowledged that "Vocal Profiling is an innovative biotechnology" while AT&T has announced that BioAcoustics is "the medicine of the future."

It has been written that many great thinkers have attempted to decode the mysteries of the universe using math, geometry, music, frequency and architecture. The popularity of the movie *The Da Vinci Code* and Dan Brown's, *The Symbol* has sparked our imagination concerning information that has been kept hidden from the populace. While Brown's books hint that ancient architecture contains hidden knowledge, BioAcoustic outcomes provide support indicating that the ancient Templar Cross contains mathematical codes that may initiate cellular reconstruction.

A few sages have even gone so far as to suggest that the ancients somehow imbued our DNA with the knowledge of self-healing and that we only need to remember how our bodies have been innately programmed to stimulate rejuvenation. Could we be self-sustaining, carbon based, propagating robots who have forgotten how to connect with our regenerating codes? Are sequestered memories just a part of planned obsolescence as if we are simply a replaceable appliance? Sylvia Franke in her publication, *The Tree of Life and The Holy Grail* explores some of these possibilities.

“Providing a mathematical matrix of the biofrequency field of the body is very important to the future of understanding the body’s ability to regenerate. Research from many fields is converging to provide many of the answers concerning Pythagorean harmonic theory and how it can be combined with modern string theory to explain how DNA ‘strings’ can be dominated using frequency.”

James Gemjewski, using an electron microscope, discovered in 2004 that cells emit sound. He published the statement that provides a connection between sound and healing, that “sounds emitted from cells, if we could decode them, might someday help doctors ‘hear’ disease and diagnose their patients much more quickly and easily.” Science can now approach the problem looking for elusive energy patterns that indicate disease/stress that BioAcoustic Biology answered more than a decade ago.

Buckminster Fuller said ***“In order to change something, don’t struggle to change the existing model. Create a new model and make the old one obsolete.”***

No one argues that the present health care system is in crisis, and that people are seeking

alternatives. The intention behind the many public software give-a-ways conducted by Sound Health is to create unity in healthcare by providing options and solutions in support of SELF-HEALTH and self-responsibility.

From birth to death, we use sounds to express our needs and emotions, but there are additional layers of information hidden within the frequencies expressed as language. In modern times we possess only limited conscious awareness of this information for ourselves, and as a means to understand the intentions of others.

In order to provide predictability and safety, the concepts of math and medicine often act conjointly to quantify, define and model medical practice. Studies conducted at the Institute of BioAcoustic Biology have consistently demonstrated that math can be much more than a measurement tool; math, as frequency, can be the solution to therapeutic predictability and resolution. Imagine a future in which the individual frequency-based biomarkers contained within the voice can be used to keep us and our world healthy and emotionally balanced.

The leading-edge research from Sound Health and the Institute of BioAcoustic Biology demonstrates that the voice is a holographic representation of the body that can be used to transform the concepts of math into useful medical models.

To date there is no universally accepted modality that has the potential to assist in the survival of biological, radioactive and pandemic threats; reverse stroke and muscle trauma or support space travel (as frequency-based solutions show the ability to overcome bone loss and muscle atrophy). In many instances, by the time the cause has been identified, it is often too late to provide remediation. Frequency-based medicine

has the ability to provide a prompt and corrective direction in person or via the internet.

Our brain communicates using the language of math expressed as frequency. As these signals reach the brain, the bio-frequencies are sorted, routed and assigned an interpretation and responsibility. Our brain and our biology are hardwired to respond to these basic principles of math.

Strange, yet profound, BioAcoustic Biology may be able to explain how a physician might instruct a heart patient to “listen to a specific frequency combination [known for its ability to stabilize heart rhythm] and call me in the morning.”

The research being conducted by the Institute of BioAcoustic Biology is at the forefront of energy medicine, creating the doorway to our next dimension of health evolution. In addition, the techniques hold promise in answering questions about how our universe was formed, and how our aging and perception of time can be monitored using frequency.

Such a novel protocol utilizes the premise that the body can identify and prescribe for itself, using the algorithms of vocalized frequencies to accurately quantify, organize, and extrapolate biometric information. BioAcoustic Biology is an area of scientific endeavor that is in the process of becoming scientifically established. Visionary leaders will see this novel idea as a prophecy for a new future which can provide conclusions based on measurable outcomes, ancient traditions and current observation. This emerging paradigm will become part of future medicine as the consistent and efficacious outcomes continue to accrue.

In developing these techniques, The Institute of BioAcoustic Biology has created a dilemma. How

can we take this potential to the public when we don't have enough trained practitioners to serve the need?

To survive, the human race NEEDS BioAcoustic Biology. For BioAcoustic inquiry to survive, practitioners, clinicians and trainers are needed. Public and Professional classes are offered each month, many free with accompanying software.

Whoever controls health controls the quality of life. Health is much more precious than wealth. If we can find a way to have dominion over our own health, through thought or deed, then we have province over our own evolution. Sound Health has provided the initial steps to humanity so each person can explore this pioneering path to New Medicine! Gift: To have your vocal frequencies analyzed go to [SoundHealthPortal.com](http://SoundHealthPortal.com) – SERVICES.

This column is based on the premise that every frequency can be a holographic representation of a person, place or thing and that time influences which frequencies are more active at any one time in our multiverse.

Just as your body creates sound, so does our universe but there is nothing to pick up or interpret the signals. These frequencies influence our existence.

We offer them here so that you can prepare for what is to come. Remember that very sensitive people may be influenced by these frequencies ahead of the average person.

For those of you using frequency-based healing techniques, these external influencing frequencies may explain what is going on even when you can't find the cause in their local biofield.

# KEYNOTE FREQUENCIES FOR JUNE 2022

Papillomavirus (HPV) frequencies (there are several hundred species) stay activated thru June. The media represents Papillomavirus as cancer causing.

A Quote from Dr. Diane Harper, lead researcher concerning Gardasil (anti-HPV vaccine) says that 70% of all HPV infections resolve themselves within a year, and within two years that percentage climbs to 90%.

Dr. Harper also states that Gardasil would do little to prevent cancer and she does not recommend Gardasil or Cervarix (a similar vaccine) to anyone younger than 15.

Along with HPV, a myriad of blood pressure issues is active throughout June, this is especially important when you consider the corona-based injections are considered to be a blood pressure challenge.

**Week one of June 2022** – The eyeball and a cataract gene appear this week along with progesterone, a major reproductive hormone and are active now. DHT (a sex hormone associated with the prostate gland), adiponectin (helps regulate glucose levels) and glutamate (an excitatory neurotransmitter) are all fighting for your behavioral attention. Prepare to feel a bit scattered.

**Toxin:** Those poisoned with agent Orange (Vietnam era) may experience more than normal reactions, Aspartame and MSG come into play this week. You may have additional issue with diet drinks and Chinese MSG-laced food this week (fogging thinking and fatigue).

Muscle in stress this week: Platysma – it is located beneath the chin and extends to the chest. A double chin is located here and is often associated with low progesterone.

**Week two of June 2022** - Gonadotrophin Releasing Hormone is responsible for the release of follicle-stimulating hormone and luteinizing hormone from the anterior pituitary.

***Muscles in stress for the next few weeks – toes and back of neck***

Starches may be more difficult to digest because of Amylase (the enzyme that breaks down starch and carbs.) Your ability to deal with Amylase stress may depend on your brain dominance – with right brainers show the most difficulty.

A gene responsible for using sulfur at a cellular level (SUOX) comes up the end of the week. Sulfur protects the body against invading pathogens and is incredibly important as a constituent of connective tissue.

Grain mold frequencies are active now. There are many articles on detoxing on the internet. Berberine, an herb, may help lower blood pressure. Fosinopril, a medication for hypertension is also active this week. Watch reactions of over- or under-dosing.

The human obesity gene begins to surface this week along with the parathyroid hormone (energy related). It may be harder to start a diet or keep energy up.

Choline, a great brain booster comes into play now. It has been shown to help increase focus and

allow for greater cognition. It is also an excellent methylator of estrogen, getting rid of excess estrogen we accumulate from our diet and lifestyle. Prostate issues were prominent last month with high estrogen being a cause.

**Week three of June 2022** - Allergies begin to creep in this week as histamine-related issues emerge making way for respiratory viral invasions. Vitamin D receptors need to be active now to help support immune system Glycine, an amino acid that helps treat insomnia and an enlarged prostate is active now along with iron and B1, Sphingosine, a lipid responsible for transport signaling is active now. Transthyretin a protein involved in fluid transport is active now. You may feel that your extremities feel a bit sluggish. Codeine becomes active the end of the week. Its pain-killing benefit may be more or less than usual depending on brain dominance.

**Week four of June 2022** - Guanine is a nucleobase found in nucleic acids DNA – BioAcoustic research shows that stress of this nucleotide is associated with sensitivities to milk protein.

Other biochemicals in stress this week include bioflavonoids, Hesperidin, Quercetin (touted as a good item to combat Covid), manganese, Xanthine, iron, and arachidonic acid.

**Spine in Stress** – C4 - nose, lips, mouth,  
eustachian tubes  
S4 – hips, buttock  
T9 – adrenals

### **Muscles – still the back of the neck**

Meds: Tylenol

Keratin, a major constituent of skin, hair, nails is in stress for the next ten days or so. There are a lot of gummy products on the market labeled

Hair, Skin, Nails - might be worth taking a few this week.

Capsaicin, the active component of chili peppers is activated until the first week of July. They may burn more going down but are known for being great for circulation and the heart.

Watch for indications of Chlamydia Pneumonia (labored breathing/stress). Chlamydia Pneumonia attacks the heart sac and can sometimes cause extra tooth plaque. Cocaine and Scopolamine (mind- altering chemical) are both active until the end of the month.

### **Last few days of June 2022**

Adrenals are due for stress these last few days especially if you have a sensitivity to gluten. Dopamine, a feel-good biochemical is stressed into the beginning of July.

Medicine in stress for this time: Prozac, an antidepressant. So, you may experience some emotional ups and downs – just know it is not coming from you but at you and it will be over by mid-JULY.

Nutrients in stress: niacin, glutathione and again, iron imbalances.

For frequencies associated with spike proteins, cellular inflammation or stem cells go to: <https://soundhealthoptions.com/coronacorner-2/>

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