

Sound Health KeyNotes for May 2022

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BioAcoustically Speaking

SoundHealthOptions.com

Almost Everything is Something Else



SOUND HEALTH

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YOUR OTHER FAMILY

Could I ask that you suspend your beliefs for a few moments? I would like to propose the idea that what we think is required and that we have very little control over our psychological functions.

Let's take the idea one step at a time

1. Each thought that we think is a measurable electrical frequency stored within the electro/magnetic system of our brain.
2. At the point of death, supposedly, this kind of electrical impulse leaves the body.
3. At the point of conception, it is speculated that this energy rejoins a body.
4. If every thought that you think is a measurable frequency; a frequency that

dissipates when the body dies and then reenters when an additional body is conceived, would it be reasonable to assume that the energy, the frequency that was once your thoughts, is somehow being reused?

5. And if it is reused, how would your thoughts/frequencies influence the new body/mind that received your old frequencies?

If this is true, it may be the explanation as to how and why astrology and the idea of reincarnation, works. Can we speculate that only certain kinds of frequencies are available depending on solar related magnetic configurations? (This is true with tides and certain sea animals. Why not influence humans also?)

configurations? (This is true with tides and certain sea animals. Why not influence humans also?)

Let us suppose that our mind's thoughts are frequencies of electrical energy and that they work much like the iron oxide that is used to develop the patterns on early audio tape recordings. The iron oxide does not have a choice in what it patterns, or records and I would like to propose that the human mind might work somewhat similarly.

If each thought is a frequency, let us speculate that "loving horses" might be given the mathematical label of +11. Let us also suppose that what the ancients have been teaching us about frequency is true: That we each seek to go back to zero to feel balanced.

Look at this idea as follows:

+11 +10 +9 +8 +7 +6 +5 +4 +3 +2 +1
0
-1 -2 -3 -4 -5 -6 -7 -8 -9 -10 -11

"0" as perfection is in the middle—with perfectly balanced negative and positive potential. (The "+" and "--" markings are simply an electrical charge measurement. It does not mean good or bad, although I think somewhere down through the ages it began to be interpreted that way.) If the thought of "loving horses" is +11, in order to be balanced, going toward "0", you would have to choose a thought or action that would have a mathematical frequency of +10, +9, +8, and so on OR you could choose a thought that was -11 and go directly to zero in a flash.

I would like to propose that we each choose gradients in between the smallest step and the largest step and that the differences in these increments are what keep us looking for answers.

I would like to point out that I made up the frequency labels, this is just a theory. Although we do have evidence that every thought is an electrical frequency, we don't, yet, know which

frequency belongs individually to each person or thought.

What I would like to propose is that we don't have a choice of which thoughts we think. It is much like putting two magnets close to one another. If the correct poles are aligned, they will be attracted. The magnets don't have a choice.

I have theorized that this is also the way the human minds react. Our minds work like magnetic recordings. Our choice is only to feel comfortable or uncomfortable about our choices. It also proposes the idea that **EVERYTHING YOU THINK IS REQUIRED.**

If your "EVERYTHING" that you experience/think is required, how would someone close to you influence your life?

This idea might relieve a lot of guilt and strain. It would cause us to look at those who commit murder and rape in a different light. It would also give us an additional way to categorize humans. Instead of using our physical characteristics linked to physical DNA genetics, we would have families based on similar magnetic energies. I would like to call this theory Electro Magnetic Genetics. Genetics based on akin energy potentials not physical DNA attributes.

During some of our vocal frequency-based experiments we have found that some psychological states are strikingly similar in frequency even though they are strikingly dissimilar as human events.

For instance: hope and exaggeration are similar frequencies but different as human behaviors: the same goes for passion and rage; fevered praying and hostility. This would indicate that it is what we do with the frequency that we are exhibiting that makes the difference, not what the actual frequency is, as a measurement.

This might also be the answer to why we are attracted to certain people and apathetic regarding others, enthusiastic about some events and ambivalent about others.

What if we are magnetically drawn to people, events, or behaviors because their magnetic potential moves us toward our own perfection? Would that explain why we have affairs, are attracted to certain geographical locations, or prefer some foods or colors over others?

If we are pulled to have an affair and it is glorious, is it the guilt that unbalances our karma (our need to have balance). What if everyone understood that their behavior is dictated by a need to be magnetically balanced?

It would make it easier for your partner to understand that an affair is in addition to them, not instead of, them. Would the axiom "ALL ACTIONS AND THOUGHTS ARE REQUIRED" allow our world to be saner and more peaceful place. There is room for lot of argument here!

How valuable is being REAL? How freeing? How courageous must you be to always speak your truth? In our present world, would we create a great many narcissists? There is a challenge to explain why bad things happen to good people. How important is the TRUTH? Are we so presently unbalanced that a world of "REAL" could never achieved?

If this theory has any validity, it might also explain spontaneous combustion. If you put equal but opposite polarity potentials together

you get nothingness – at least that is what is perceived in this dimension. Maybe those who have reached perfection on earth simply spontaneous combust – new agers call this phenomena, ascension. By this thought process, we may be able to assert that:

If you're still on earth in a physical body, you still have something to learn. The fact that you are here would prove that you are imperfect.

This column is based on the premise that every frequency can be a holographic representation of a person, place or thing and that time influences the frequencies active at any one time in our multiverse.

Remember that very sensitive people may be influenced by these frequencies ahead of the average population. For those of you using frequency-based healing, these external influencing frequencies may explain an issue even when you can't find the cause in their biofield.

KEYNOTE FREQUENCIES FOR MAY, 2022

For most of the entire month of May, muscles of the neck and finger are stressed. Beginning mid-month cholesterol challenges emerge. By the end of the month prostate issues will become prevalent.

Keynote from last week of April frequency equivalent review: Universal sounds are quickly moving into frequencies of gliadin and gluten; two heavy handed grain related allergens; made worse by serine unbalance. Antibodies are

activated along with genes and proteins that deal with the management of grains in the body.

Remember BROWSE – Barley – Rye – Oats – Wheat - Spelt – Eliminate. Digestive enzymes might be helpful.

The frequencies coming to earth the last week of April may activated the celiac gene.

For some people grains can cause Leaky gut, which can result in a myriad of immune issues. Just the beginning of blood sugar issues will rise on Tuesday but won't be severe. Those with glucose issues may need to closely monitor insulin and food intake.

Muscles in stress – tiny muscles that hold the vertebra together – the multifidi will be active for the next ten days or so. Abdominal muscles, the Rectus superior of the eye also is in stress for the next few days. You may feel your eyeball moving—you shouldn't—when you look upward.

Streptococcus pathogens are active now – a bit of a sore throat or ear irritation may be about. Gargling with some good salt water or Tea Tree oil will usually take care of this strain.

B2 – riboflavin is in stress for the next six days – soy is high in B2 but I'm reluctant to suggest it because of all the side effects soy can bring upon the hormonal system. Greens, yogurt, mushrooms, eggs, asparagus, turkey, and almonds are among the highest in B2. When you have lots of B2, the urine turns bright yellow – Even its name "flavin" in Latin means yellow. B2 is important to help metabolize iron and create energy for the body. It also plays an important part in replenishing your DNA.

If your energy is down, norepinephrine may be the cause. If you have our Methylation Mapping software, it may be a good time to check your dopamine and serotonin levels. This is the beginning signals for allergy season. SoundHealthPortal.com – Campaigns – Methylation analysis may give you some clues.

May 2022 – week one

Blood clotting issues come into play this week. The internet suggests Nattokinase (a soy based enzyme) and Serrapeptase (an enzyme from silkworms) to keep blood flowing optimally. (Watch for clotting factors and Heparin).

Neck and finger muscles will continue to be stressed throughout the month. Peptides (Calcitonin gene related Peptides) thought to be responsible for migraines continue to be stressed this week)

Tendons supporting the foot will continue to be stressed for the next few days. The Pancreas (blood sugar system) will continue to be stressed until the end of May.

Piperine is a good spice to support the knee joint. It also supports the prostate which comes into action the end of May.

Toxin in play this week: Asbestos
Connective tissues proteins (for joints) continue to be stressed this week; including keratin. There are some great anti-inflammatory enzymes (Therazyme) that may be helpful to relieve the joint pain.

May 2022 – week two

Those with Taurus birthdays may experience more joint pain this week. Fatty acids may be particularly helpful. B5, Pantetheine, is stressed this week and next. B5 supports the Krebs Cycle (energy) and nerve stress. NAD (nicotinamide adenine dinucleotide) may be helpful with feeling of fatigue that comes with low B5. Epstein Barr virus comes into play next week. You may be able to ward it off with some Grapefruit Seed Extract (Nutribiotic brand is my favorite).

Choline, a great brain support nutrient comes into play this week.

Those on a diet this week may experience an annoying plateau as the Obesity gene becomes active until the end of the month. ACTH, thyrocalcitonin and Cholesterol transfer protein mix into the fray making this week a dieter's nightmare. BioDiet voice evaluations are available to the public at SoundHealthPortal.com - SERVICES

Medication in stress this week: fosinopril - Fosinopril is an ACE inhibitor. ACE stands for

Medication in stress this week: fosinopril - Fosinopril is an ACE inhibitor. ACE stands for angiotensin converting enzyme. Fosinopril is used to treat high blood pressure (hypertension) or heart failure.

Epstein Barr (EBV) frequencies are active this week. Symptoms usually include a feeling of moisture in the ears.

May 2022 – week three

Cell Salts and bioflavonoids are in stress this week along with some issues of invading pathogens. Cell Salts and bioglavonoids are two great immune supporters.

The muscle of the heart shows up as a genetically stressed this week.

Genetically watch for cholesterol pitfalls this week. Amazon has a device that measured cholesterol. Particularly Vaccenic acid come into play now.

The retina frequencies of the eye continue to aggravate throughout the month. Light refraction may be a bit slow.

Meds in stress this week: anything containing valium

May 2022 – week four

DNA, the spine and stem cells begin to stress this week.

Finally some Vitamin A for the eyes is active. Nutrient in stress now include Germanium, Glutamine, and Lysine.

An important biochemical, DHT is active this week – (Dihydrotestosterone) is an endogenous androgen sex steroid and hormone and a potent agonist of the androgen receptor. DHT – associated with bad prostate health and male pattern baldness. Often elevated estrogen can cause DHT to be created by the body. DHT

symptoms include enlarged prostate, hair loss and increased activity of oil glands. Wikipedia reports that 5 alpha reductase inhibitors which prevent DHT synthesis, and are effective in the prevention and treatment of these conditions.

Strains of Papillomavirus come into play as the month ends. Voice evaluations using Prostate, Gardasil, Krebs Cycle and Hormones templates can help identify some of these issues expressed herein.

To comment or ask a question, please contact Sharry Edwards here.

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