

Revealing Our Frequency-Based World!

Sharry Edwards, M.Ed.

BioAcoustically Speaking

SoundHealthOptions.com

*Accelerating human healing through Vocal
Mapping: our future depends on its acceptance.*



Macular degeneration, commonly referred to as age-related macular degeneration or AMD, is a condition in which the macula, the part of the retina responsible for detailed and central vision, deteriorates, causing vision loss. It is most common among Americans—particularly white women over the age of 65. The conventional medical literature states that there is no cure for AMD. According to a study published in *Archives of Ophthalmology* in 2004, an estimated 1.75 million US residents endure this condition, and due to an increase in the elderly among the population, it is estimated that in the near future, that statistic will rise to almost 4 million.

BioAcoustic Biology assesses the frequencies found within a voice sample and compares the harmonic patterns to an established software database that can detect anomalies. Research indicates that this correlation is possible because the recurrent laryngeal nerve, which is attached to the larynx, allows the vocal cords a direct frequency conduit to the brain.

The tenets of BioAcoustic theory propose that the recurrent laryngeal nerve acts to entrain the vocal cords to reflect predictable frequency-based individual biomarkers. Once vocal patterns have been evaluated, the resulting data can identify deviations from vocal tones expressed as phonemes (smallest sound units of a language that convey distinct meaning) that are shown to be distorted, non-coherent or lacking. When such cacophonous sounds are realigned via appropriate external or internal sources, the body seeks to return to optimal form and function.

Dorothy, a volunteer, has been involved for nearly six years in a study conducted by the Institute of BioAcoustic Biology, located in rural southern Ohio. Her case and others have shown promise toward reversing the threat of blindness for persons suffering age-onset Macular Degeneration (AMD).

Several additional study participants showed marked improvement, but Dorothy's case was one of the most noteworthy, possibly because her case was identified early. Not only was her "blind spot"

reversed, but several other factors, for instance lack of brightness of the visual field, were reversed during her tenure with the study.

This novel method of self-healing is turning heads, and literally opening eyes with its potential.

Professional organizations such as the Acoustical Society of America are considering the standards for technical definitions for Human Bioacoustics. This paper suggests specific language for such definition, arising from the outcomes presented herein.

Three case studies supporting the reversal of macular degeneration using low-frequency sound presentation techniques of BioAcoustic Biology

Dorothy, Pauline, and Robert were all suffering vision loss due to macular degeneration. Their physicians had given them little hope, leaving them to search elsewhere for an alternative to their failing eyesight. This quest for a better prognosis and optimism brought them to the Sound Health Research Institute, where Sharry Edwards and her team practice a unique form of math-based wellness.



Robert Day

Robert was diagnosed with wet macular degeneration when he was 64 years old. At this time, a lack of light caused his vision to be severely limited. He was unable to operate a vehicle at night due to his inability to perceive both parked vehicles alongside streets. Road signs, even those with large letters, were unclear to him until he came directly upon them. It was also impossible for him to identify objects in a low-light environment.

This inability also began to influence his work performance. Robert's job involved driving a cart in and out of a plant warehouse. The bright, natural light outside would temporarily—for a time span up to 30 minutes—blind him upon re-entering the fluorescent lighting inside the plant. Furthermore, he suffered from a lack of depth perception, as objects commonly appeared closer than they actually were.

Robert's condition is most likely genetic, as his mother also suffered with AMD. Once his condition was identified, Robert's doctor not only told him that he was going to have to endure this condition for the remainder of his

life—offering him a vitamin as treatment—but that living long enough would eventually cause blindness. Robert did not consider this an acceptable solution and knew that something must be done. Having heard about an experimental technique offered by the Sound Health Research Institute in Southern Ohio, Robert decided to give it a try.

During his first visit an assessment of his vocal frequencies was performed and he began experimental tone trials. It has been two years since Robert completed his first visit, and in that time, he has regained all his vision except for a small hazy section. When he faithfully listens to his tones, he has the ability to see in a low light room. When asked how BioAcoustics makes him feel, he stated: “It’s given me some freedom and I don’t trip over my dogs near as much.”

Robert continues regular BioAcoustic checkups for readjustments as his eyes seek to regain normal function. Repeatedly conventional medical practitioners had informed Robert that nothing could be done to improve his eyesight. There has been such dramatic improvement over the last few years using BioAcoustic techniques that Robert only visits his medical practitioner to document his improvements.

When asked how BioAcoustics made him feel, he stated:

“It’s given me some freedom and I don’t trip over my dogs near as much.”

...Robert Day

Dorothy Edwards



Dorothy suffers from dry macular degeneration. She was not diagnosed until the age of 82. At that time she had areas of her vision missing and was unable to view her lip in the mirror because of the deterioration of the macula. Dorothy was distressed because she was not

able to completely observe her sewing nor could she see well enough to continue her church choir activities.

A few days after noticing this loss of sight, Dorothy paid a visit to the Sound Health Research Institute. A short time – less than an hour – after commencing tone trials of the appropriate sounds, she was again able to see the “missing” part of her lip and through ongoing participation has reversed the hole in her vision that once hindered her sight.

Dorothy has been undergoing tone trials for almost six years now, and her physician is pleased that the AMD has not progressed.

In 2007, Dorothy’s Vocal Profile revealed that the Frequency Equivalent™ of the lens of the eye was below normal limits. In less than two minutes of low-frequency sound presentation,

Dorothy had no problem seeing herself in the mirror. Sounds were presented for an additional thirty minutes. Twelve hours later, with no sound, her vision was still intact.

With continued BioAcoustic intervention, Dorothy's vision continues to remain stable.

Dorothy Edwards has been involved in a six-year study that has shown promise toward reversing the threat of blindness for persons suffering age-onset Macular Degeneration (AMD). All three of the study participants presented here showed marked improvement but Dorothy's case was one of the most noteworthy, possibly because her case was brought to the Institute for BioAcoustic Biology so early in the disease process. Not only was her "blind spot" reversed but several other factors, like brightness of the visual field, came under study. One subject had AMD for eleven years before she joined the study; her case was significantly improved also. All three case studies presented here involving AMD are showing continued progress through the aide of BioAcoustic Biology. This relatively unknown method of self-healing is turning heads and literally opening eyes with its potential.

Pauline Ward



Pauline Ward has been a participant at Sound Health for 11 years since being diagnosed with dry macular degeneration almost seven years ago while in her early sixties. Her condition can also be ascribed to genetics, and she recalls memories of her mother who would strategically place the grandchildren within her line of peripheral vision attempting to see their faces. Pauline admits that she, too, has had to take similar measures in the past.

According to Pauline, her optometrist was the first to detect the granules in her eyes, though it took six/seven years before the condition affected her vision. The way she describes the transition from dry macular degeneration to wet, is that a tiny spot is distorted in the affected eye and gradually grows to become a "blind spot." It grew until about three years ago when its scope spanned the proportion of a quarter, which is visually the range of seventeen characters on a page of print. Like Robert, she was also visually lacking in seeing at a distance, and completely unable to view remote colors.

Pauline traveled from Australia, where there were no methods of treatment, to the US to try the revolutionary technique at Sound Health. After about 10-11 seconds with the appropriate frequency, she could see haze through the spot, though not clearly. After several days of tones, she was able to see complete letters within the holes and eventually the span of her impairment decreased as did holes in her vision. She even regained the ability to see rich colors myopically.

When critics pass off this scientific-based method as being a placebo, Pauline knows how to respond:

"...it wasn't the first sound you tried, or the second or the third; you know it might have been the tenth. So I'm sitting here thinking, 'Oh nothing's happening, nothing's happening, nothing's happening,' so I wasn't expecting it, you know, because you think nothing's happening and then suddenly the right sound (for) ten seconds and it's amazing. You can begin to see the letters and colors."

The Basics of Macular Degeneration

Macular degeneration, commonly referred to as age-related macular degeneration or AMD, is a condition in which the macula, the part of the retina responsible for detailed and central vision, deteriorates causing vision loss.

There are two types of macular degeneration: dry (non-neovascular), with dry macular degeneration being more commonly diagnosed at 85-90 percent of all cases, and wet (neovascular), which may cause more profound vision loss.

Eye Photos courtesy of AllAboutVision.com

Dry AMD is caused either by the thinning of macular tissues or a deposit of drusen, or yellow spots, between the retinal pigment epithelium and the choroid beneath it. Those who suffer from early dry AMD may continue to have good vision for a while; however, as the condition progresses it will cause gradual loss of central vision. The loss of vision for someone diagnosed with wet AMD, which dry may progress to, will become far more serious.

Wet AMD is caused by abnormal blood vessel growth behind the macula, in which the blood vessels leak blood and protein, killing off light-sensitive retina cells and creating blind spots. Severity of the vision loss depends on the amount of fluid build-up and whether or not scarring is incurred.

Current Conventional Treatments

The literature reports that there are very few possibilities for regaining one's sight for those suffering from AMD, and those vary according to the stage of advancement of the condition. Once dry AMD is diagnosed, there are no cures, only treatments for managing it. Barring the intervention of certain nutrients which can be used to hinder its progress to wet AMD, particularly high levels of antioxidants and zinc, there are no therapies or medications that can eliminate the condition.

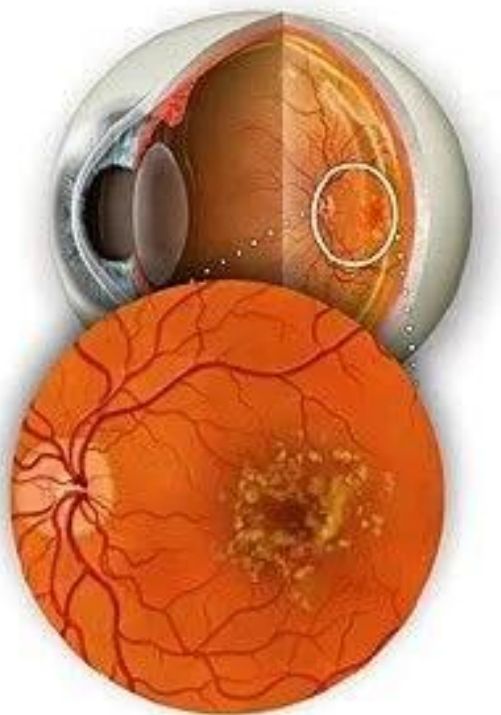
For those suffering from wet AMD, Laser surgery is one option; however, the laser that seals off leaking blood vessels may cause damage to the retina. Serious side effects may occur because of the surgery, such as a detached retina, cataracts, or eye infection.

The FDA has also approved drugs such as Avastin and Lucentis for use with AMD, these two are commonly thought to be the most effective, which are aimed at treating and managing wet AMD through Photodynamic

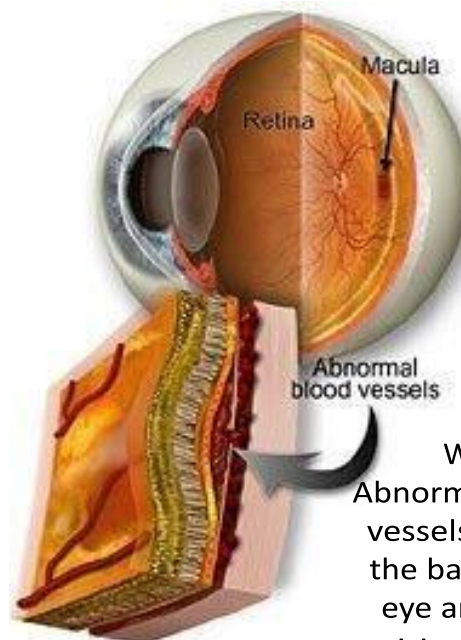
Therapy, or PDT. During this treatment, the drug, known as a photosensitizing agent, is injected into the eye. A light source is then invasive than laser therapy though it, too, comes equipped with a list of side effects.

Given the lack of options, the growing numbers of people affected by AMD and the lack of conventional options, the research results at the Sound Health Research Institute prove not only to be innovative, but necessary. Human BioAcoustics is the only non-invasive means of aiding the body in correcting issues thought to be incurable by conventional methods, such as age-onset macular degeneration.

www.SoundHealthOptions.com



Dry AMD: Drusen accumulates behind the retina.



Wet AMD:
Abnormal blood vessels form in the back of the eye and cause vision loss.

KEYNOTES FOR AUGUST 2023

Keynote associations: Color – yellow

Musical note - E

Astrological Sign - Leo

This column attempts to bring you KeyNotes for each day of the month in hopes that outside influences coming to our planet from outer space won't take you by surprise. We are frequency beings and are often influenced, like the tides, by external forces.

Frequencies bombard the earth in a yearly cycle. Here, we attempt to report active frequency correlates for each week. Sensitive people will begin to notice the effects 8-10 days earlier than others.

For most of August the muscles of the neck and upper back will be stressed along with B vitamins and their co-factors. Expect fatigue unless you load up on B vitamins and B Vitamin-containing foods. The Literature suggests that NAD, a supplement, is great for those suffering from Covid fatigue.

July 30 - August 5

Iron comes into play this week, further stressing fatigue symptoms. Cellular inflammation initiates this week. There are lots of anti-inflammatory articles on the internet. Breathing may become strained as the diaphragm frequencies come into play. Nerve-sheathing proteins and biochemicals are active, including actin and myosin associated with Tinnitus.

August 6 - August 12

This is “be kind to your liver” week. It is working overtime to produce the enzymes and hormones that you need. Lyme's pathogen frequencies begin to come active this week.

August 13 - August 19

Herpes Simplex, Hepatitis Pathogens are active this week. Stress on B vitamins continues. Inflammation frequencies deepen.

The Vitamin K gene, along with selenocysteine (enzymes and detox) and gout-causing biochemicals come into play at the end of the week.

August 20 - August 26

Allergic reactions bloom all this week. Control of mast cell reactions will be tricky. Tooth plague will be more noticeable. Iron and nerve sheathing issues may be more noticeable - restless leg symptoms for example may be more bothersome.

Spine issues dealing with the neck: C-2 Thoracic – spleen, pancreas, gallbladder (T-7) and prostate, legs (S-2), lower spine.

MSG as a toxin may cause increased brain fog this week.

August 27 – September 2

Some beginning throat and tongue irritation may be noticeable. More Covid symptoms may appear as hemorrhagic virus spike protein becomes more active (clotting).

Abdominal muscles become stressed and may cause more low back pain.

Several issues that deal with male performance are beginning to climb. B1 is more stressed than

other B vitamins this week. Boron, a mineral (known to support bone health and alleviate the pain of arthritis), is activated this week.

It will depend on your brain dominance how you react to these frequencies. Play it safe and pay attention to your body's responses.



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to you by the INSTITUTE OF
BIOACOUSTIC BIOLOGY & SOUND
HEALTH.**

**Sharry Edwards, M.Ed. is the
acknowledged pioneer of BioAcoustic
Vocal profiling.**

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