

# Sound Health KeyNotes for MAY 2021

## BioAcoustically Speaking, Almost Everything is Something Else

By Sharry Edwards, M.Ed.

### Notes of C# and D - representing Taurus; Gemini begin to express themselves

As we come under the influence of the frequencies C# which deal with the sentient proponents of justice first and then corporal manifestation of tendons and ligaments – which holds everything together - we realize that literally our world is experiencing a lack of justice and certainly the lack of cohesion. As we begin our ancient named Taurus journey this month, it is appropriate that the frequencies representing THE GOD GENE come into influence.

The idea of a God Gene proposes that human compassion, intuition and spirituality is influenced genetically by a specific set of frequencies represented by the vesicular monoamine transporter 2 gene. Geneticist Dean Hamer in his book titled The God Gene: How Faith is Hardwired into Our Genes proposes that compassion and empathy are encoded in this gene.

Our world could certainly use more expression of the proteins of this gene which is represented by the color red/orange with the note of either C# or G (Turquoise). Which of these do you like best? The red/orange by itself (left brained) or the red/orange and turquoise combination (whole Brained)? Or turquoise by itself (Right brained)? BioAcoustic protocols are brain dominant specific. Interestingly, the activator of the God Gene proteins is the frequency of White Light. Other relationships are associated with nerve transport

(sometimes manifesting as Restless Legs). The literature recommends Benfotiamine – a form of lipid-based B1 to calm this reaction).

As the Universe's movements increase their influence over our thinking and physical existence, it is fun to speculate how we humans might be influenced and if we knew ahead of time what was going to happen, how would we react? Hence our rationale for creating this column. We think you appreciate knowing a bit of your future.

Much of the frequencies throughout this month deal with finger muscles and the human papillomavirus. You may experience more finger pain and stiffness. It will likely leave us near the end of the month. We have included a BioAcoustic article about Gardasil-like vaccines at the end of this article. Neck muscle stress for the side and back of the neck also continue through the next 3-4 weeks.

**April 25 – May 1, 2021**

**Color = Red Orange, represented by the  
note of C# – advancing into the astrological  
sign of Taurus**

Moving into the note of C# brings about thoughts of Justice. We are being asked to rewrite and even erase part of our history. I would like to encourage everyone to write their stories of what is happening to each of us personally so that in the coming year

we can look back and remember this journey of change. Ammonia comes into play early this week. The body refines ammonia through the liver and releases it through the urine. Elevated levels of ammonia can result in dementia, organ failure, swelling and comas.

Ammonia levels increase with liver disease and high intake of proteins. From the internet: Constipation increases intestinal production and absorption of ammonia. Diuretic therapy: Decreased serum potassium levels and alkalosis may facilitate the conversion of ammonium (NH<sub>4</sub>) to ammonia (+NH<sub>3</sub>).

*Water is important this month in support of detox. Homocysteine is active. It is associated with blood clotting. Dehydration is listed as a possible blood clotting issue.*

Muscles in stress: Lateral rectus, nose and the thumb. The posterior neck muscles and foot arch come into play during the next two weeks.

**May 2 – 8, 2021**

**Color = Red Orange, represented by the note of C# – advancing into the astrological sign of Taurus**

Heparin sulfate (blood coagulation) and platelet act factor are of concern this week. Universally

speaking, you may want to monitor blood issues more carefully.

The eyeball comes into play this week and the co-factor for B5, Pantethine (tremor related). The neck tendon frequencies are still active this week.

Asbestos, a toxin, may give a bit of lung stress caused by lung tissue flexibility. Lipoxygenase, an iron-containing enzyme, may serve as cause for fatty acid stress this and next week.

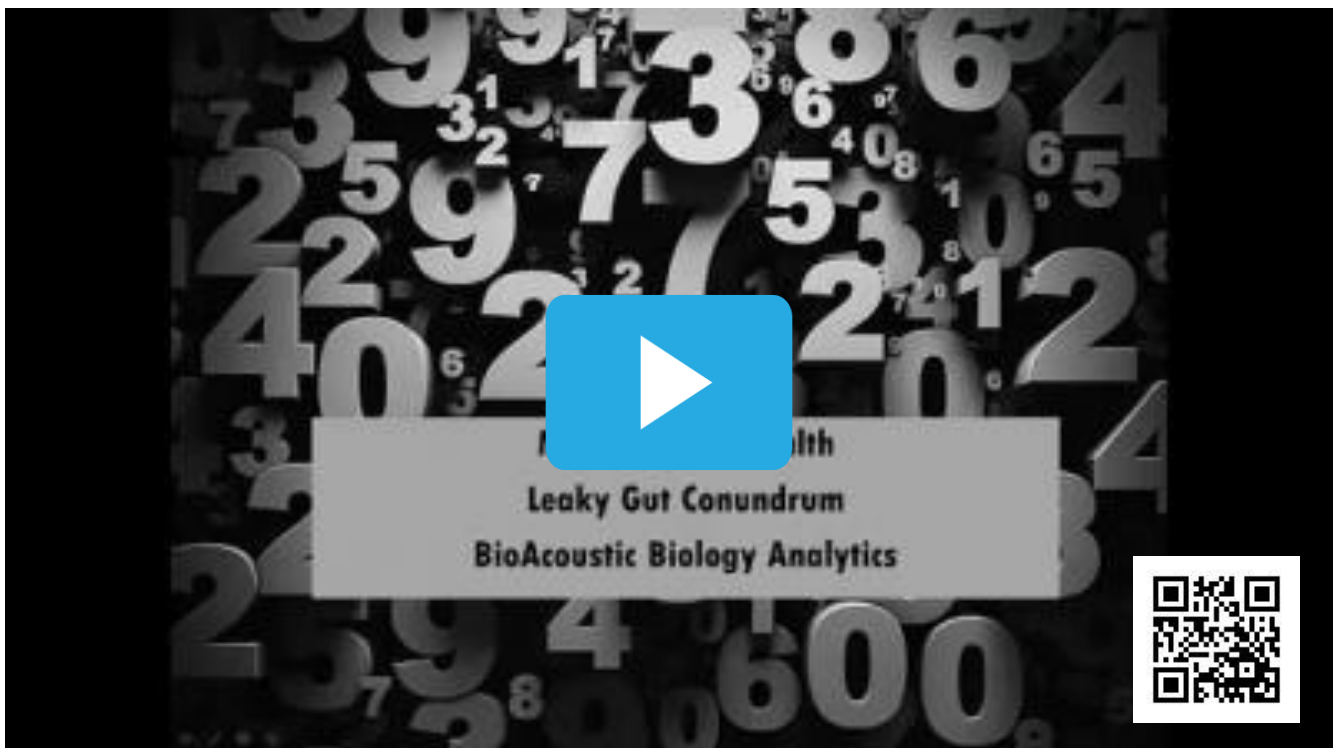
Mood swings toward HIGH come into play this week.

**May 9 – 15, 2021**

**Color = Red Orange, represented by the note of C# – advancing into the astrological sign of Taurus**

Frequencies this week deal with cholesterol control, adrenal STRESS and calcium levels. Finger joint and inflammation factors continue to be of concern. This will begin to influence weight gain through leaky gut episodes.

**Learn more about Leaky Gut by watching our Portal Presentation below:**



May 16 – 22, 2021

Color = moving into Orange as we move towards June. D is the musical note associated with the frequencies active now; under the influence of Gemini, astrologically.

Lots of strains of Papilloma become strongly active this week – see chart below

**BioAcoustically Speaking**

Gardasil HPV vaccines influence

	Same Frequency as	Reproduction Relationship
HPV 1	parathyroid hormone	helps regulate calcium necessary for ovulation and fertility
HPV 11	lithium, valium	Dampening mood regulators
HPV 11	progesterone	hormone required to maintain pregnancy
	ATP and Measles virus	associated with male sterility
	Herpes	sexually transmitted disease associated with infertility
HPV 16	Vitamin A	an essential fertility nutrient
	NADPH	levels associated with male infertility
	calcitonin	helps regulate calcium necessary for ovulation and fertility
HPV 18	Estrogen and testosterone	Reproductive hormones
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May 23 – 29, 2021

Color = Orange, represented by the note of D – advancing into the astrological sign of Gemini

Some spine frequencies are active this week. Great week for a massage or Chiropractor visit.

Pregnenolone may be low in activity this week. Progest E by Ray Peat is a good choice.

We found Pycnogenol (from pine bark) to be a great support for the vascular system which covid is threatening. Both Pycnogenol and Hawthorn berries help support the linings of veins and arteries. 5G also enters here as a threat to blood carrying vessels.

Reproductive hormones are very active this week. This would be a good week to refrain from cruciferous veggies (broccoli, cabbage) and they stress the thyroid. The frequency of Hashimoto's is active this week.

May 30 – June 5, 2021

Color = Orange, represented by the note of D – advancing into the astrological sign of Gemini

The body's energy cycle starts into activation this week. Amy Yasko has a wonderful book about this journey - [posted free on her site!](#)

Everybody has a sound – we exude frequencies of color and sound as we move about our world. Those feelings you are feeling may not be your

own. Visualize white light coming into your body from the ground up – move up and through the body and out your top. What is really yours will stay, the stuff belonging to others will leave for another purpose. Wish it well.

The body is completely redundant and may tell you what nutrients are in stress.