

# Body Connections

The Body Matrix

BioAcoustic Strategies for Better Health

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**Keynote Mar 2025**

**Astrological Association: Pisces**

**Musical Note: B**

**Color Association: Blue & Violet**

This article is the fourth in a BioAcoustic Series, incorporating the idea that potential weight management issues can be revealed, using frequency-based vocal analysis.

BioAcoustically Speaking, almost everything is something else: meaning that one frequency may have many correlations. Iridology, hair, pulse, and blood analysis are all seen as ways the body can provide information about itself. Body systems are redundant and inter-connected and have many ways to reveal intrinsic secrets. This article proposes that weight management issues can be analyzed visually using a map of where fat tissue tends to gather in the body.

The map in this article depicts muscle frequencies as they relate to weight management. By examining the location of fat molecules in the body, can the explanation for excess fat tissue be identified? Being overweight is a massive problem in the US in nearly 60 percent of the population; and without a reasonable explanation of what is going on. For Example – actual case study:

Rachel, a 66-year-old female with uncontrolled diabetes, high bad cholesterol, and high blood pressure, had been subjected to continued scolding, lectures, and new medications each time she visited

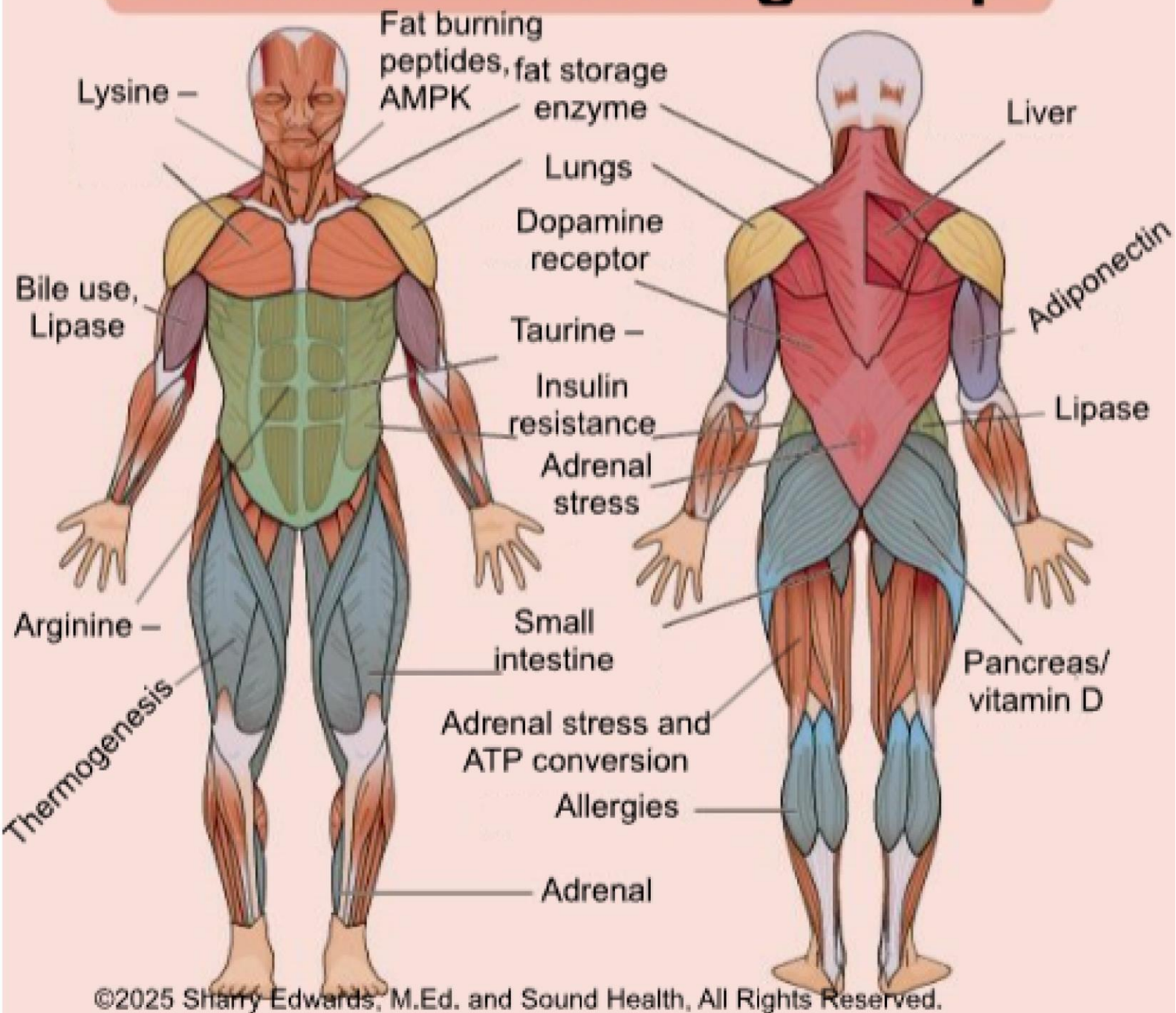
her conventional medical provider. When her vocal print was evaluated, using our online weight management template, her vocal analysis revealed the root cause to be inadequate lipid management.

Further questioning revealed that her gallbladder had been removed over 30 years ago, without any instruction as to what would happen without bile salts to help break down fats. She continued to have gallbladder pain symptoms but modified her diet to avoid gastric issues.

The underlying cause was an inability to process lipids – fats, a concept not readily addressed by conventional medicine but vocal analysis quickly ascertained that the issues were a lack of adiponectin and leptin. Adiponectin is the same frequency as the bicep muscle underneath the upper arm. This “bat wing” image is often associated with a physical manifestation of diabetes.

[Adiponectin - Adiponectin is a protein hormone and adipokine, involved in regulating glucose levels and fatty acid breakdown. In humans, it is encoded by the ADIPOQ gene and produced primarily in adipose tissue but also in muscle and even in the brain.]

# Muscle-Fat Storage Map



Rachel revealed she was very concerned about the hanging fat bags below her upper arms. The map of fat storage biochemical and muscle correlations accurately depicted the biochemicals associated with her weight issues.

Additionally, several bile salts – they break down fat for digestion - were involved. Adiponectin and Leptin were added to her supplement regime. The frequencies of both compounds were provided to her via an analog tonebox which entrains brain

frequencies for use by the body. She has reported more energy, better sleep, and feeling stronger and more flexible since starting this innovative protocol.

When incoming foodstuff comes into the body, your metabolism has two choices. Use the energy or store it. The lack of adiponectin causes the body to store incoming calories; resulting in fat deposits.

Case study #2 – Peggy needed help to find the root cause of her allergies and chronic rhinitis – a stuffed-

up, drippy nose. She had never found a health provider who could provide a solution that would eliminate her symptoms. Her vocal print revealed a leaky gut, inflammation, and a fatty liver causing hormonal and metabolic symptoms. The offending allergens were caused by her leaky gut but her gut issues were causing additional issues.

[A leaky gut indicates that the lining of the gut wall allows bowel contents to leak into the abdominal cavity causing an inflammatory response.]

Peggy was also experiencing unrelenting fatigue and blood sugar challenges, plus her thyroid showed stress. Her vocal analysis revealed a fatty liver from cholesterol issues, which turned out, BioAcoustically, to be genetic. This, in turn, was causing liver-related hormonal issues. She had been on Statins for a while, but they made her so ill that she stopped taking them. She reported that her weight continued to climb, especially in her midsection.

Peggy reported so many seemingly unrelated issues that her healthcare provider did not take her seriously.

Vocal analysis revealed issues with her body's energy cycle (Krebs). She was not using the incoming resources that allowed her body to convert foods into fuel. Krebs Cycle support can be obtained from a local nutrient outlet or online.

The frequencies of the oblique muscle near the waist are the same as biochemical frequencies that deal with thyroid and adrenal issues. Calcium usage can be stressful when a spare tire begins to accumulate around your middle.

The midsection of the body was accumulating fat as a part of the protection system of the body. When a toxin enters the system, the body wants to eliminate the culprit or if that is not possible at the time, the body will encase the toxin in a cocoon of fat and put it away to deal with later. A belly full of fat is indicative of a body full of toxins. Check online

about how to detox before starting a diet to avoid any toxicity issues.

Other maps in this series include frequencies associated with fat-stabilizing Hormones, Peptides, bile salts, biochemicals, toxins, and behaviors. BioAcoustically Speaking it is not just one frequency involved in using sounds as body support but the combinations of frequencies that can cause change.

Breaking the code of obesity – down to the root cause - seems to still be a mystery for conventional medicine.

Learning these combinations is what we teach and share with the public – when adiponectin and leptin are combined, they influence the gracilis muscle so that as you walk, one foot is pointing to the side rather than straight forward.

Other concepts of muscle and fat tissue placement that have been borne out using vocal analysis include: AMPK, lymph issues, pancreas, gallbladder, ghrelin, insulin resistance, and glymph system.

We invite everyone to check out a personalized Weight Management assessment at [SoundHealthPortal.com](http://SoundHealthPortal.com) – Weight Management. Keep in mind that the Amino Acids Taurine, Lysine, and Arginine are needed to produce bile salts necessary to break down carbohydrates and fats. These primarily relate to the throat and thigh muscles.

Anyone interested in learning this protocol to share with your client and community, please check out our [class information here](#).

References are available upon request.

# Frequencies associated with the month of March

## Feb 23-Mar 1

Through the first two weeks of March – the heart Muscle frequencies are stressed; frequencies for the last two weeks of March involve thyroid function and the knees.

For all of March, the forearm and wrist muscles may be vulnerable. Bad time to take up golfing.

## Mar 2-8

Specific Nutrients/Biochemicals in stress during this time: B3, myosin, biotin, adiponectin (weight related), catalase (blood detox related). B3 helps thin the blood. Myosin helps stop Tinnitus damage.

Systems in stress this week: liver and blood pressure.

Muscles in stress: little finger, pterygoid, lessor toes, supinator (forearm), palate, elbow, and eyelids.

## Mar 9-15

Muscles in stress: heart, forearm, major hip muscles, and trapezius (upper back).

Nutrients/Biochemicals in stress: phosphorus, magnesium, and myoglobin (oxygen to heart).

Systems in stress: thyroid, blood pressure, blood clotting, and joint flexibility.

Medications: Prozac - watch for side effects.

## Mar 16-22

Muscles in stress: pterygoid, trapezius, minor hip muscles, wrist, and joints.

Nutrients/biochemistry in stress: thymine, hypericin, hemoglobin, taurine, glucose, ATP (energy currency of the body, choline, iodine, and collagen).

Systems in stress: Liver, thyroid, immune, iron delivery, immune – influenza, joint and movement flexibility, and collagen.

Medications: Dilantin, Oxytocin.

Pathogens: Epstein Barr Virus (fatigue).

## Mar 23-29

Muscles in stress: wrist and eye muscles  
Nutrients/biochemistry in stress: brain plaque, serum amyloid, B12 bromelain, glucose, and hydrogen.

Systems: mitochondria- originating genetic material.

Meds in stress - wrist and fingers are stressed for anyone taking GLP – 1 meds.

## Mar 30-Apr 5

Week one influences that may impact your physical and emotional well-being: You may notice a lag in muscle response as the Dystonia gene becomes active now.

Glycine may help with muscle signaling and is involved in producing bile salts, along with arginine

and lysine. Glycine may be important for anyone with any kind of muscle stress: Parkinson's, ALS, and multiple sclerosis.

The platelet-activating factor and vasopressin, both known to be associated with the circulatory system, may be active for the next few weeks.

DNA and stem cells will continue to be stressed until the end of April.

Nutrients and biochemicals in stress for the beginning of April: hydroxyproline, DNA, nerve growth factor zinc, leucine, isoleucine, magnesium,

GABA receptor (brain activity), keratin, asparagine, and ornithine.

Muscles in stress are mostly the rectus eye muscle associated with Macular Degeneration.

Do a BioAcoustic vocal analysis on your own. Catalog short link: <https://shorturl.at/B1FPP>.

### ***Interesting BioAcoustic fun fact:***

When chewing, the two jaw muscles used together create the frequency of dopamine!

## **BioAcoustic Keynotes are brought to you by the Institute of BioAcoustic Biology & Sound Health**



Go to – [SoundHealthPortal.com](https://SoundHealthPortal.com)  
to have your vocal print analyzed.

Download the software, practice with it, and use the tutorials.

For live online class, please contact Sharry at [SharryOnAir@gmail.com](mailto:SharryOnAir@gmail.com)  
To comment or ask a question – [SharryEdwards@gmail.com](mailto:SharryEdwards@gmail.com)

## **BioAcoustically Speaking**

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# BIOACOUSTIC SOLUTIONS

Breaking the Sound Barriers of Disease!

## Can Your Voice Reveal the State of Your Health?

Evaluating your own voice takes on new meaning if you begin to consider the possibility that the sounds of your voice may be a holographic representation of all that you are. Imagine a future in which our individual vocal frequency is our identification; where the use of frequency based biomarkers contained within our voice can be used to keep us healthy and emotionally balanced.

From birth to death, we use sounds to express our needs and emotions but there are additional layers of information hidden within our words. As man evolved, language became levels of intricate harmony nestled within structures of great elegance that carried meaning and allowed understanding of ourselves and others.

## Every Body has a Sound

BioAcoustic Biology has verified that the frequencies of your voice are a numeric holographic representation of those brain waves. Correlations of these frequencies to human health and wellness have been decoded by the Institute of BioAcoustic Biology & Sound Health since in early 80's

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for [YOUR COMMUNITY](#)

## Exploring the Potential of Math as Medicine

In order to provide predictability and safety, the concepts of math and medicine often act conjointly to quantify, define and model medical practice. Studies conducted by the non-profit Institute of BioAcoustic Biology & Sound Health, located in Albany, Ohio, USA, have consistently demonstrated that math can be much more than a measurement tool. The case studies they have amassed, using Math, as frequency-based BioMarkers, indicate that the solution to therapeutic predictability and resolution may be possible.

