



Superior Cervical Ganglion  
Cervical Parasympathetic Controls  
Middle Cervical Ganglion

Spiral Sympathetic Controls

Sacral Parasympathetic Controls

C1	45.20
C2	42.66
C3	40.26
C4	38.00
C5	35.86
C6	33.86
C7	31.96
T1	30.16
T2	28.47
T3	26.87
T4	25.36
T5	23.94
T6	22.60
T7	21.33
T8	20.13
T9	19.00
T10	17.93
T11	16.93
T12	15.98
L1	15.08
L2	14.24
L3	13.44
L4	12.68
L5	11.97
S1	11.30
S2	10.67
S3	10.07
S4	9.50
S5	8.97
COCCYX	8.47

F#	Brain & Special Senses	Sinuses & Nasopharynx	
F			
E			Larynx
D#			
D		Thyroid & Parathyroids	
C#	Upper Extremities		Heart
C			
B			Heart
A#			
A			Lungs
G#			
G	Biliary System		
F#		Esophagus	
F		Stomach	
E		Duodenum	
D#			
D	Spleen & Pancreas		
C#			
C	Kidneys	Suprarenals	
B	Jejunum		
A#	Ileum		
A	Appendix		
G#	Ileocecal Valve	Ovaries	
G		Uterus	
	Lower Extremities	Gonads	
		Colon	
		Rectum	
			Urinary Bladder
F#			Prostate
F			
E			
D#		Anal & Vertical Sphincter	
D			
C#			

Vertebra	Area(s)	Effects
C-1	blood supply to head, pituitary gland, scalp, inner and middle ear, bones of the face, brain	headaches, nervousness, insomnia, head colds, high blood pressure, nervous system, migraine, nervous breakdowns
C-2	eyes, optic nerves, auditory nerves, sinuses, mastoid, bones, tongue, forehead	sinus trouble, allergies, crossed eyes, deafness, earache, eye trouble
C-3	cheeks, outer ear, face bones, trifacial nerve	eczema, neuralgia, neuritis, acne or pimples
C-4	nose, lips, mouth, Eustachian tube	hay fever, catarrh (runny nose), hearing loss, adenoids
C-5	vocal cords, neck glands, pharynx	laryngitis, hoarseness, sore throat, quinsy
C-6	neck muscles, shoulders, tonsils	stiff neck, pain in upper arm, tonsillitis, whooping cough, croup
C-7	thyroid gland, bursa in the shoulders, elbows	bursitis, colds, thyroid conditions
T-1	down hands, wrists, and arms from elbows, fingers, esophagus and trachea	asthma, cough, difficult breathing, shortness of breath, pain in lower arms
T-2	heart including its valves and covering, coronary arteries	functional heart conditions and certain chest conditions
T-3	lungs, bronchial tubes, pleura, chest, breast	bronchitis, pleurisy, Influenza, pneumonia, congestion,
T-4	gallbladder, common ducts	jaundice, shingles, gall bladder conditions
T-5	blood, liver, solar plexus	liver conditions, fevers, poor circulation, arthritis, low blood pressure, anemia
T-6	Stomach	stomach troubles, including heartburn, dyspepsia, nervous stomach, indigestion
T-7	pancreas, duodenum	ulcers, gastritis
T-8	Spleen	lowered resistance
T-9	adrenal and supra renal glands	allergies, hives
T-10	Kidneys	kidney troubles, hardening of the arteries, chronic tiredness, nephritis, pyetitis
T-11	kidneys, uretes	skin condition such as acne or pimple, eczema or boils
T-12	small intestine, lymph circulation	rheumatism, gas pains, certain types of sterility
L-1	large intestines, inguinal rings	constipation, colitis, some ruptures or hernias, dysentery, diarrhea
L-2	appendix, upper leg, abdomen	cramps, difficult breathing, acidosis, varicose veins
L-3	bladder, knees, sex organs, uterus	bladder troubles, menstrual troubles such as painful or irregular periods, miscarriages, change of life symptoms, knee pain, bed wetting, impotency
L-4	sciatic nerve of the lower back, prostate gland muscles	sciatica, lumbago, difficult painful or too frequent urination, backaches
L-5	lower legs, ankles, feet	poor circulation in the legs, swollen leg cramps, cold feet, weakness of the legs, ankles, weak ankles and arches
S	hip bones, buttocks	sacro-iliac conditions, spinal curvatures
C	hemorrhoids, piles, pruritis, at the end of the spine pruitis (itching)	Rectum, anus

It is said that the spine is the root of the human body. The Nervous system which runs down the spine and coordinates all the functions body. Therefore, the whole body simply functions better by correcting misaligned vertebrae that has been caused by everyday life. Misalignments of the spinal vertebrae and discs may cause irritation to the nervous system and affect the structures, organs and functions which may result in the conditions shown above.