

# Sound Health KeyNotes for July 2022

By Sharry Edwards, M.Ed.

BioAcoustically Speaking

SoundHealthOptions.com

Almost Everything is Something Else



Keynote July 2022

**Color = Gold (orange yellow) – represented by  
Astrological sign of Cancer**

It usually takes a well-funded scientific breakthrough, after years of study by a major university or an overwhelming catastrophe, to facilitate change that truly makes a difference. People don't easily embrace new scientific information because anything fundamentally different from the status quo scares them. Although a major catastrophe forces transformation, people don't always adjust willingly. The most profound and permanent way to cause a shift in perception is through life experience.

If you lived it, then it becomes REAL. Today we are being challenged by a failing health care

system, our own failing health, and the lack of wellness of our families and loved ones. In general, the health of modernized societies is failing. We have more autism, more heart disease, more arthritis, more diabetes, more auto immune disease, more insulin resistance, and more high blood pressure than ever before. The list seems endless with no hope in sight.

We have mandatory, uninsurable vaccinations that have been shown to cause birth defects, autism, asthma and other harm; we have laws being passed that deny us the right to hold accountable the drug companies that use us as guinea pigs and cause irreparable harm; we

as guinea pigs and cause irreparable harm; we have insurance companies that make decisions with our own money (premiums they have charged us) as to whether or not we can receive services, which physician we can go to, what lab tests we can have. In no other service organization is the person paying for the service abused and dictated to so thoroughly and reprehensively. The companies are run with the bottom line in mind, not quality health care. There is something inherently wrong with the idea that profit is more important than wellbeing.

Resistant strains of pathogens, nosocomial and iatrogenic disease/trauma is rampant. We are threatened with spike proteins, bird flu, SARS, MRSA, flesh eating bacteria, infertility, and unheard-of strains of sexually transmitted diseases; all are becoming antibiotic resistant.

We see generation after generation of families in which genetic defects are showing up earlier with successive age groups. The grandmother was diagnosed with breast cancer at age 60, the mother in her 40's, the granddaughter before the age of 20. Neither the government nor the private sector has proposed any acceptable stabilizing solutions as to how to solve the problems that have been created. But the answer may be right under our noses, literally, through the frequencies of our Voice.

During the last two decades, the work at the Institute of BioAcoustic Biology & Sound health has proven that the human body and mind can be influenced by individualized formulations of sound frequencies.

Were the "Ancient" investigators accurate? Are there energies beyond our own environment that have the ability to influence our lives? These very astute precursors to "scientific man" attempted to create a system whereby those extrinsic forces could be explained; they called the system Astrology. But modern investigators have proven there is so much more.

Today's scientists claim that our moon and sun

influence our planet via the tides and magnetic stress upon the earth; and some even go so far as to agree that the moon affects our emotions and behavior. Since astronomers have concluded that frequencies are bombarding the earth every minute of every day in a cyclical pattern, I want to suggest that there are Key Note frequencies associated with every day of the year.

These Key Notes seem to ooze in and out of direct influence every three days or so, this column, BioAcoustically Speaking, posts information about these Key Notes in a weekly format. We predict that this information will provide ideas and support for **SELF HEALTH**.

Never in our existence have we more desperately needed this blend of ancient and contemporary information as we are being challenged by the current man-made plague – Yes there is strong evidence that this present pandemic was mathematically contrived, and we have presented it here because the math indicates that the Spike proteins will become very important in our lives. [Link to accumulated proof](#)

In December 2019, Sound Health announced that the, then Corona, now Co V id pathogens, was based on frequencies that were not consistent with nature-made viruses but were mathematically constructed to be mathematical antidotes to each other; making it impossible to mathematically counter them. This would prevent BioAcoustic frequency-based antidotes of the past from working against this attack on mankind. We moved beyond our normal methods and created anti co V id formulations that worked to reverse the symptoms of Co V id positive victims. We released these formulations plus much more in a publication titled: Guardian Papers: The last two articles are the most relevant for today.

Since then and up until recently, controversy existed about the origins of Co V id 19. At this point, scientists and the media are attempting to consider the man-made origins of Co V id. We now have further evidence that a manufactured scenario is valid.

We concluded that pathogens one after the other could be thrown at us and keep us sick, forever. This demanded a different approach! Why not strive to have the body protect itself

from any pathogenic invasion. Our first report concluded that the body needed glutathione, quercetin, Vit C and D, and Zinc to accomplish this. Citracidal has become known as being especially helpful in support the body's anti-invader efforts. Link to music download to combat Co V id are available: Frequencies for Defense - Immune Strength | Coronavirus (coronavirusdefence.org)

Once a pathogen enters the body, in simple terms, the pathogen sets up housekeeping, off-putting proteins that are detrimental to the host. In the case of Co V id, the proteins kept mutating. Now we are being forced to contend with Spike Proteins for which conventional medicine has no cure.

Public BioAcoustic Voice Analysis for Spike Proteins are available on line. <https://www.soundhealthportal.com/coronaconflicts/>

Sound Health has now decoded the reported Co V id Spike Proteins and can show many of the Spike proteins belong to ONE musical scale that is based on a correlated frequency of CALCIUM. [In my opinion that this is further evidence to support the premise that Co v id 19 and its predicted Spike Proteins were man-made] Reports are reaching us that persons who were injected with co V id "vaccines" are experiencing the de- regulation of calcium.

The opinion of multiple musicians and composers, surmise that the odds are astronomical that a set of random numbers could appear as one musical scale down to two

decimal points.

Following a bit of NASA research Sound Health has created weekly Key Notes of frequencies that bombard the earth. We are very concerned that the frequency assigned to calcium becomes active during the month of July and crests during the week July 17-23rd. See Guardian Papers download: Chart page 88

This column is NOT meant as medical anything. We are looking for data. If people get well, that's their problem.

**Supporting Links:**  
Guardian Papers

Music link

Antidote article link: includes Spike Article with Rife Frequencies

Sound Health Portal

nanoVoice™

VOICE SAMPLING 14

Speak Normally • Minimize Pauses  
Record in a Quiet Space

C D E F G A B

RESTART

# Frequencies active for month of July

Spike Protein correlates on page 89 of Guardian Papers – Rife based antidotes = p 88

## June 26th- July 3

Spike 3-5 like proteinase; surface glycoprotein Blood issues and circulation dominate this week. Back strains along with adrenal tension are obvious over the 4th.

Nutrients in stress: niacin – de clumps “sticky” blood and supports circulation and DNA genetics. Iron continues to be an issue. Vitamin C continues to flare as allergy season fires up. You may act more emotionally as dopamine; the feel good biochemical comes into play. Depending on your brain dominance, your relationships may be more or less satisfying/interesting. Nerve damage may be more noticeable.

Medication in stress: Warfarin – a blood thinner Upper back muscles will feel stressed

Pathogen active at this time: Streptococcus pyogenes is a ubiquitous bacterium responsible for hundreds of millions of illnesses, from tooth decay to meningitis, throughout the world each year, some of which are fatal.

## July 3rd -9th

Insulin resistance is high this week; likely those with a fatty liver will feel this more. It will be harder to lose weight as insulin resistance helps to maintain fat storage and carbohydrate metabolism is hampered because of the stress of enzymes lipase and diastase. Allergies begin to become active now; particularly nose and bronchial issues. Remember the support of Vitamin C may help. Marijuana may have more of an effect this week. Menstrual cramps may be relieved easily with progesterone oil or

cream as this hormone is very active this week. Strep still lurks this week. Platelets (associated with blood clotting) are vulnerable – B3 – niacin may help breakup of sticky blood.

## July 10th - 16th

Medication this week deals with high blood pressure. I've tried Nitric Oxide tablets (from Amazon – NO 40) - it seems to work for me for blood pressure issues.

Marijuana is still active along with inflammation markers and fatty liver indicators. Calcium and cancer markers begin a rise to activation this week (calcium, calcitonin, the Burzynski frequencies and 5 HETE- cancer food.)

Nerve sheathing activates this week – You might want to check-out Benfotiamine (said to be great for helping restore nerve sheathing)

Adiponectin rears its ugly head at this time – from Wikipedia – Adiponectin is a protein, hormone which is involved in regulating glucose levels as well as fatty acid breakdown. Carnitine helps break down fatty acids but is also in stress this week. The literature indicates that carnitine combined with alpha lipoic acid may help regulate blood glucose.

## July 17th – 23rd

The keynote for this week belongs in the scale of the note of E which deals with wet tissues of the body; particularly the nose, mouth, throat and lungs. More mucus may be experienced along with stronger reaction to mucus producing foods. Deep breathing may be difficult.

Many forms of rhino (nose) virus are still lurking along with NSP Spike Protein

Muscles: ribs and diaphragm may be more vulnerable

## July 24th-30th

The 26th is ruled by the amino acid carnitine. People who cannot gain weight have been found to be high in carnitine. Carnitine can be found primarily in meats. Vitamins B1, B6, C, iron, methionine and lysine must be available to the body in support of synthesizing carnitine. The end of this week is ruled by the lower back; including the sexual "thrust" muscles for men. These are the muscles that have been problematic for Tiger Woods causing stress in his golf swing.

The pathogen active for the next few days is helicobacter pylori; and is responsible for ulcers and stomach lining irritation.

## July 31 – Aug 6

Thyroid medications become active this week along with the diaphragm and neck muscles. NAC (n acetyl cysteine) incredibly important to restabilize the body's energy after Co V id is important this week along with glucose genes. Nerve sheathing genes are active this week meaning that those with Restless Leg syndrome may experience more agitation. The literature suggests that Benfotiamine and nitric oxide may be helpful.

Quercetin, a powerful oxidant is active now. It is suggested as an antidote to co V id symptoms. AMP, a nutrient and energy sensor which helps maintain cellular energy and respiration because its activities for cellular homeostasis are active for the next few weeks.

**BioAcoustic Keynotes are brought to you by the Institute or BioAcoustic Biology & Sound Health.**

We aspire to provide inspiration without judgment, knowledge without prejudice. It is our hope that all who enter here share in the joys of discovery. For even one closed mind is a liability to all mankind. ...S Edwards, 1988



Sharry Edwards. MEd. is the acknowledged pioneer of BioAcoustic Vocal profiling.  
**To comment or question**